

Soft skills are character traits and interpersonal skills that characterize a person's relationships with other people. In the workplace, soft skills are considered to be a complement to hard skills, which refer to a person's knowledge and occupational skills.

# 5.1.3 CAPACITY BUILDING AND SKILL ENHANCEMENT INITIATIVES TAKEN BY THE INSTITUTION I SOFT SKILL

SI. No.	Name of the capability enhancement program	Date of implementation (DD-MM-YYYY)		Name of the agencies/consultants involved with contact details (if any)
1	SOFT SKILL - CAREER AND SOFT SKILL DEVELOPMENT PROGRAMME 2017 MARCH	24-03-2017	147	KERALA GOVERNMENT SCHOLAR SUPPORT PROGRAM
2	SOFT SKILL - TRAINING PROGRAM ON PERSONAL SKILLS	12-01-2018	40	KERALA GOVERNMENT SCHOLAR SUPPORT PROGRAM
3	SOFT SKILL - TRAINING PROGRAM ON PERSONAL SKILLS	01-12-2019	40	KERALA GOVERNMENT SCHOLAR SUPPORT PROGRAM
4	SOFT SKILL - TRAINING PROGRAM ON PERSONAL SKILLS	19-01-2019	40	KERALA GOVERNMENT SCHOLAR SUPPORT PROGRAM
5	SOFT SKILL - TRAINING PROGRAM ON SOCIAL SKILLS	02-02-2019	40	KERALA GOVERNMENT SCHOLAR SUPPORT PROGRAM
6	SOFT SKILL - TRAINING PROGRAM ON LISTENING SKILLS	16-02-2019	40	KERALA GOVERNMENT SCHOLAR SUPPORT PROGRAM
7	SOFT SKILL - TRAINING PROGRAM ON SPEAKING SKILLS	25-03-2019	40	KERALA GOVERNMENT SCHOLAR SUPPORT PROGRAM
8	SOFT SKILL - TRAINING PROGRAM ON INTERPERSONAL SKILLS	26-01-2019	40	KERALA GOVERNMENT SCHOLAR SUPPORT PROGRAM
9	SOFT SKILL - TRAINING PROGRAM ON PERSONAL SKILLS	02-07-2019	40	KERALA GOVERNMENT SCHOLAR SUPPORT PROGRAM
10	SOFT SKILL - CAREER COUNCELLING AND SOFT SKILL DEVELOPMENT TRAINING PROGRAM FOR III DC CHEMISTRY STUDENTS	19-02-2019	39	KERALA GOVERNMENT SCHOLAR SUPPORT PROGRAM

#### 1. CAREER AND SOFT SKILL DEVELOPMENT PROGRAMME 24<sup>th</sup> March 2017

In collaboration with Government of Kerala 's Scholar Support Programme, Little Flower College, Guruvayoor has conducted a training programme; 'Career and Soft Skill Development' to enhance the soft skills and capacity building among students of our college. 40 students have attended the session led by Ms.Praveena Nair on 24<sup>th</sup> March 2017.



## 2. TRAINING PROGRAMME ON PERSONAL SKILLS 12<sup>th</sup> January 2019

Little Flower College, Guruvayoor, in partnership with the Scholar Support Programme of the Kerala Government conducted a training session on *Personal Skills* on the 12<sup>th</sup> of January, 2019. Ms. Anitta S Cheeran headed the session which marked the attendance of forty students. The session sought to improve and cultivate the soft skills of the students.



#### 3. TRAINING PROGRAMME ON PERSONAL SKILLS 1st DECEMBER 2018

The SSP initiative of the Kerala Government partnered up with Little Flower College, Guruvayoor on December 1, 2018 to host a class on developing *personal skills* among the students. Forty students attended this class lead by Ms. Anitta S Cheeran that focused on honing their soft skills.



## 4. TRAINING PROGRAMME ON PERSONAL SKILLS 19<sup>th</sup> January 2019

Little Flower College, Guruvayoor held a training programme on cultivating the *personal skills* of the students as a joint venture with the Kerala Government's Scholar Support Programme, on 19<sup>th</sup> January, 2019, in order to improve and shape the soft skills of the students. The session was taught by Ms. Anitta S Cheeran and a total of forty students participated in it.



#### 5. TRAINING PROGRAMMME ON PERSONAL SKILLS 2<sup>nd</sup> February 2019

On February 2, 2019, Little Flower College, Guruvayoor in collaboration with the Scholar Support Programme, a Government of Kerala project, conducted a training course on improving the *personal skills* of the students. The class was headed by Ms. Anitta S Cheeran. Forty students from the college participated in this class that sought to polish their soft skills.



#### 6. TRAINING PROGRAMME ON LISTENING SKILLS 16<sup>th</sup> February 2019

A joint effort was undertaken by Little Flower College, Guruvayoor and the Kerala Government's SSP initiative on the 16<sup>th</sup> of February, 2019 to develop the soft skills of the students through a training programme on *Listening Skills*. The programme was conducted by Ms. Anitta S Cheeran. The attendance tallied up to a total of forty students.



#### 7. TRAINING PROGRAMME ON SPEAKING SKILLS 25<sup>th</sup> MARCH 2019

A collaboration of Little Flower College, Guruvayoor and the Government of Kerala through the Scholar Support Programme made possible a training class on *Speaking Skills* taught by Ms. Anitta S Cheeran on the 25<sup>th</sup> of March, 2019. The class which aimed at enhancing the students' soft skills marked a total attendance of forty students.



#### 8. TRAINING PROGRAMME ON INTERPERSONAL SKILLS 26th January 2019

On January 26, 2019, Little Flower College, Guruvayoor, and the SSP initiative of the Government of Kerala conducted a training programme on *Interpersonal Skills*, lead by Dr. Justin P.G.; the main aim of which was an effort to polish and perfect the soft skills of the students. Forty Students from the college attended this training programme.



### 9. TRAINING PROGRAMME ON PERSONAL SKILLS 7<sup>th</sup> February 2019

A training course on *Personal Skills* was conducted by Little Flower College, Guruvayoor along with the Scholar Support Programme (a Government of Kerala initiative), on the 7<sup>th</sup> of February, 2019. The session was led by Dr. Justin P.G. and a total of forty students took part in the session.



## 10.CAREER COUNCELLING AND SOFT SKILL DEVELOPMENT TRAINING PROGRAMME FOR STUDENTS OF III DC CHEMISTRY 19<sup>th</sup> February 2019

The Department of Chemistry of Little Flower College, Guruvayoor conducted a *'Career Counselling and Soft SkillDevelopment'* training programme for students of III DC Chemistry. Thirty-nine students have taken part in the session led by Dr. Jomy P.L on 19<sup>th</sup> February 2019.

