

NSS REPORT 2016-17

JUNE 2016

Environment Day Observation on 5th June 2016

The NSS Unit of Little flower college Guruvayoor is blessed with a group of energetic and vibrant, hardworking, dedicated volunteers. The NSS activities of this academic year were launched with the world environment day observation. On 4th June 2016 NSS team with the Programme Officer visited Prof. Santhakumari, Chairperson of Guruvayoor Municipality and Councilor of our adopted areas (Ward No:16 of Guruvayoor Municipality) and made necessary arrangement for the observation of Environmental Day in association with the ‘HARITHASREE PROJECT ‘ initiated by Kerala Govt.

- To make our NSS Volunteers as the eco stewards, we premeditated numerous programmes. We observed the World Environment Day with great enthusiasm. We initiated a Project – **Manthop Nirmanam - A Project at Thaikkad Gramapanchayath (in a crematorium) in co-operation with Guruvayoor Municipality.on 05.06.2016.**
- A common meeting was arranged including the local people and local representatives. Prof. Santhakumari, Chairperson of Guruvayoor Municipality inaugurated the function which gave an awareness about to protect the environment. Thereafter, the NSS Volunteers planted planted **50 ottumavu** in the compound of the crematorium premises in order to make the environment green. The local people were very supportive and they assisted the volunteers in doing all this At 3.30 pm we went to our adopted village (ward 33 Guruvayoor Municipality) as a rally by carrying the saplings in hands so as to propagate the message of the green. **And it was followed by Cleaning and Fertilizing the plants (Ottumavu) in our “Manthop” at Thaikkad Gramapanchayath at regular intervals throughout the year.**
- Planted an ottumavu at our college as the part of world environmental day 06.06.2016
- Preparation of Vegetable Garden in our college



Vayana varacharanam 19.06.2016- 25.06.2016

A talk on Vayana Marikkunnuvo by Sheeba A.C ON 23.06.2016

- Our NSS Volunteers collected **200 books** and **donated** to the Library at Kadappuram area of Chavakkad Municipality on 25. 06. 2016. A one day programme -**Nirakkutte** was arranged in cooperation with Chavakkad Municipality and it was inaugurated by **Municipal Chairman Sri Akbar** and competitions were held for the children near by the locality..



JULY 2016

- As a part of safeguarding against the epidemical diseases during the raining season we NSS Unit join in hand with Guruvayoor Municipality and conduct a health awareness campaign and distributed “**Mazhakkala roga nivarana** notice” in our adopted ward 16 on 19.07.2016.
- A talk on relevance of voluntary blood donation by Dr Merly Madakkai on 14.07.2016
- **Blood Group detection survey**
- A blood group directory was-prepared by conducting a **Blood Group detection survey** of people in the ward 16 ,Guruvayoor Municipality .After the Survey, A **Blood Group**

Directory was-prepared It was released by Smt . Santhakumari (Chairperson, Guruvayoor Municipality). It was a one week Project from 19.07.2016 to 26.07.2016

AUGUST 2016

- “**Sthree Souhrida Haritha Nagara Project** ”- planting of vegetable plants in cooperation with Chavakkad Municipality was conducted On 08.08.2016



- **Mass Cleanliness Drives** has been organized in our campus where all the locations like Class rooms, Labs, Libraries, Toilets and premises are cleaned on 9th Aug 2016. Mass cleanliness drives organized in Agathimandhiram and its nearby area of Guruvayoor Municipality on 12th Aug 2016. Planted Trees nearby Agathimandhiram on 12th Aug 2016 .Cleaned the road side and made a “Green Clean Corner” at Guruvayoor Municipality on 12th Aug 2016 .By the Initiative of NSS unit, the Whole college had taken the pledge on “**My gov.in**”to keep their surroundings clean on 11th Aug 2016 .Followed by the Pledge Ceremony and the awareness speech, a Rally has been conducted to the town and to the nearby school (LFCGHSS, Mammiyoor) on 11th Aug 2016 .
- **Health Awareness Campaign:** Our NSS volunteers conducted a **Health Awareness Campaign** among the people of our adopted Ward (No.16), Moopan’s Colony, and Chamundeswary Colony of Guruvayoor Municipality about the healthy habits on 13th Aug 2016. Our NSS volunteers distributed notices about the need of cleanliness and the causes of various epidemic diseases in our adopted area.
- As the part of **Swachh Bharath Fortnight**, Our NSS volunteers planted 300 vegetable plants in our campus on 15th Aug 2016.



SEPTEMBER 2016

- In relation with “National Eye Donation Fortnight” ,conducted a rally –**“Nethra dana Bodhavalakarana Rally”** by NSS Volunteers to Mammiyoor Junction on 6th Sep 2016.



- Onam celebration with the inmates of “Agathimandhiram” of Municipality on 8th September 2016.

Guruvayoor



- We co-operated with Guruvayoor Municipality to conduct “Naattupacha” Exhibition on 8th September 2016.

OCTOBER 2017

World Alzheimer’s day, celebration

- Conducted a seminar on the topic “**Dementia**” by ARDSI Project officer C.F.Prasad for all the staff and students of L F College, Guruvayoor on 27th Sep 2016. Conducted a Rally in connection with World Alzheimer’s day by the NSS volunteers to “Dementia Centre” Kottapady in collaboration with ARDSI on 27th Sep 2016.



Blood donation agreement

By the initiative of NSS Volunteers, collected 717 Blood donation agreement letters and submitted to Calicut University on 30th Sep 2016.

Vegetable garden making and campus cleaning on 4th oct 2016

- In connection with Gandhi Jayanthi NSS Volunteers cleaned an area of our adopted ward 16. In relation with World Alzheimer’s day, Rajah Rehabilitation centre conducted different competitions and our 4 volunteers participated and won the prizes on 8th Oct 2016.
- NSS Inauguration on 25th Oct 2016 by Asso. Professor.Dr.Thomas Mathew (MD College, Pazhanji



- A class on Acupunctre for the NSS Volunteers by Asso. Professor. Dr.Thomas Mathew (MD College, Pazhanji. On 25th Oct 2016)

NOVEMBER 2017

- A motivation class for the NSS Volunteers by Sr.Nirmal Maria. On 15th Nov.2016

DECEMBER 2017

On 01.12.2015 all the NSS volunteers conducted a rally for the support of HIV positive, they spread the message to the society that HIV infectants are humans they should be not segregated from the society. The guest of the day Mr. Vinod, Thrissur made the positive speech to the NSS volunteers about the impact of HIV and how the HIV patients suffer. He made the volunteers realize that even if a patient is infected he/she have the right to live.

Poster Making Competition and Debate sessions were conducted on the event of making awareness about the sufferings of AIDS patients. The message indicated a pampering touch, a consoling touch of RRC to the HIV to the infectance to assure that they are not alone and make aware society that HIV is not transmitted through contact was really apt. The competition conducted for the entire college and a demonstration was made in the college ground on the topic A FIGHT AGAINST HIV .

The seven day special camp

The seven day special camp for the NSS unit of Little Flower College ,Guruvayoor organized at the Guruvayoor Municipality Kasturba Balika Sadan from 25-12-2016 to 31-12 -2016 had a colourful initiation on the Christmas day evening at 5pm. The official inauguration of the seven day NSS camp was held on 26/12/2016. Guruvayoor municipal chairperson Pro.Santhakumari Teacher lit the lamp and thus inaugurated the camp officially,

The **major Projects** of the camp were

1. **CLEAN –GREEN- SQURE---** camp members converted **Wasteland Into Green Vegetable Garden** in Guruvayoor Municipality



2. **Renewation Of The Homoeo Clinic** at kottapadi in Guruvayoor Municipality.—
White washing and Painting



3. **Waste Management Awareness Campaign and Distribution Of Bags** to collect the plastic waste in 15,16,33 wards of Guruvayur Municipality

4. **Health Awareness Campaign including** distribution of medicinal plants ,cancer awareness class etc

JANUARY 2017

NSS volunteers of LITTLE FLOWER COLLEGE ,Guruvayur were conducted special programs on 12th January 2017 as part of the 'Vittiya Saksharata Abhiyan'. On 12th January 2017,in connection with world youth day NSS unit conducted an awareness programme on the topic ” **Ways For Cashless Economy**”. It was led by Miss. Jinnu Mariya from Economics department. In this current situation of demonitisation, this class based on ways for cashless economy was beneficial for both teachers and students. The class was interesting as it was accompanied with the PPT presentation.

We, NSS team conducted an awareness campaign on '**DIGITAL ECONOMY**'.This programme was conducted among the **merchants located in Mammiyoor, Guruvayur area** which are really close to our college. The Campaign was led by three teams of NSS volunteers. The ideas and issues based on Demonetization and Digitalization of money, Plastic money, Debit cards, their purposes, Swiping machines, its establishments, plastic money uses etc. were also discussed. Really it was an interactive section.



The NSS Unit of LITTLE FLOWER COLLEGE Conducted an **awareness programme on Road Safety** . . The programme starts on 2.30pm at Little flower U.P school including an awareness class,demonstration ,friendly talk etc . The class was led by one among the NSS volunteer with power point and videos.. After the class we presented a demonstration about road safety which was a heart touching one.

In connection with the concluding section of “**ROAD SAFETY**” **PROGRAMME** NSS volunteers of L.F.College conducted traffic awareness programme on 14-1-2017.The programme was conducted in association with **Guruvayoor Police Department** - Assistant sub inspector Sri.Sivaraj and Mrs.priya . The programme envisaged the idea of promoting people to wear helmets while travelling. As a part of this, sweets are distributed to those who wore helmets and encourage them doing so., we also distributed awareness cards to those who didn't wear helmets on t hat day. This was a joint venture of NSS volunteers and Guruvayur police ,to inspire the public to obey traffic rules while travelling. We spent about two and half hours on road by distributing sweets and message cards to passengers on two wheelers.



On REPUBLIC DAY all the NSS volunteers conducted a rally which was initiated by Guruvayoor municipality .Which formulated a national feeling also we performed a flash mob which represented the unity of the nation .On this occasion we were able to express our gratitude to our nation . We won first prize in the parade .



February 2017

A single drop of blood saves lives. Emphasizing this, the next programme of the month was a **Blood Donation Camp**, in association with **IMA Thrissur Unit** on 06.02.2017. **More than 60 students** and few teachers were able to donate their blood, out of a mass of students who came to join this venture. **And 150 students participated** in the Blood group detection programme. By conducting this, we were able to **spread awareness among our students on the need to donate blood** and to remove the fears regarding blood donation.



March 2017

A talk on Women Empowerment by Dani.C. Francis on 08.03.2017.

We visited the houses and honored the Ammas (60 and above years) in our adopted village.

Our Valedictory function was presided by Rev.Sr.Phonsy Maria Principal Little Flower C.G.H.S.S Mammiyoor .Annual report was released by her and she delivered a talk on social commitment and the students. In the Valedictory session we planned a summer camp in the college and water harvesting modules also.

The NSS activities of this academic year was a grand success with the support of our principal, programme officer, supporting teaching staff and non teaching staff. **"Not me but You"** is our motto. We got the spirit of co-operation, selfless service, loving concern to poor and age old, faith and hope through NSS activities.