

ANNUALREPORT 2018-19

WORLD ENVIRONMENT DAY.

An orientation class was organized by the NSS Chavakkad Agriculture officer Mr Somasundaran about grow bag cultivation. The entire NSS unit Volunteers were provided seed packets. The NSS Vegetable gardening for the year was inaugurated by the principle Rev.Sr.Dr.Moly Clare and NSS programme officer Sr. Angela by planting a seedling. All the volunteers started their own vegetable cultivation in their allotted regions.



GREEN COVENENT.



A plant adoption ceremony was conducted on 8th June. The function was inaugurated by Guruvayur Municipality chairperson Smt.Shanthakumari.All the teachers and students

who attended the ceremony adopted a tree sapling each from our chief guest Mrs Shanthakumari teacher. And we took an oath to protect these saplings.

GREEN KERALA.

A talk by Sir Varghese Member of Rubber Board on Green Kerala Mission was arranged on 13th June. He provided the NSS volunteers and students with tree saplings. He also spoke about various plants that have special capacity to protect our surroundings

BLOOD DONATION AWARENESS CAMPAIGN.



The NSS Team of Little Flower College organized a blood donation awareness campaign 14th June. The campaign was conducted with the start of an orientation class which was taken by Dr. Sr. Merly who gave us an insight on the importance of blood donation in today's life situations. The class also gave the students awareness on the cautions and precautions of donating blood.

BLOOD DONATION AND SWACHH BHARAT.



On 19th June the NSS volunteers of Little Flower College along with the Department of Zoology conducted a blood donation campaign once again which took part in the morning session of the day. The following day continued with the process of donating blood by various students and visitors in and out of the institution. Around 150 people took part in this donating process which was a grand success. In the afternoon session, the NSS volunteers participated in the Swachh Bharat Summer Internship. The volunteers went to the beach areas of the chavakkad gramapanchayath. The collected wastes were segregated according to their materials and were handed over to the municipality.

YOGA CLASS.

The NSS Unit of Little Flower College as a part of International Day of Yoga conducted an orientation class and a presentation in the Little Flower School in Guruvayur and Adupputty St Mary's School, Kunnankulam on 20, 21 and 22 June. The NSS volunteers explained the postures and its benefits through its presentation. It was an informative class.

ANTI NARCOTICS RALLY.



On 26th June the NSS Unit of Little Flower College, Guruvayur took part in an anti narcotics rally which was conducted by the Guruvayur Municipality as a part of awareness against narcotics. The NSS Unit made posters and joined together in the rally.

DOCTOR'S DAY.

The NSS Volunteers of Little Flower College, Guruvayur celebrated the doctor's day on 2nd July by visiting the doctors in the near areas and NSS adopted villages. The NSS Volunteers presented the doctors with handmade pen holders and congratulated them. We appreciated them for their service they have done to the society.

POPULATION DAY.



The NSS Unit of Little Flower College, Guruvayur conducted an orientation class and seminar on the topic of "Rise in Population" on 10th July. A PPT presentation was conducted and the volunteers shared their views on problems and its solutions on this topic.

JACKFRUIT sapling DONATION.



The NSS Volunteers of Little Flower College, Guruvayur adopted jackfruit saplings and took an oath to protect it. It was a mission in which we collected saplings and presented it to the volunteers.

YOUTH SKILL DAY.



The NSS Volunteers of Little Flower College, Guruvayur as a part of World Youth Skill Day, prepared a handmade paper files and sold them. It is venture in promotion of the clean campus green campus mission. It has proven to be a great success. The members divided themselves into groups and each group took a specific role in making the file. About 100 paper files were sold.



CANVASING

On 20th July the NSS Volunteers of Little Flower College, Guruvayur made a PPT Presentation for canvassing new members to the unit. The presentation consisted of all the activities of the past year. The unit also gave the speech about the rules and regulations.

SHUCHITHWA MISSION- CLEAN VILLAGE



The NSS Unit of Little Flower College, Guruvayur went to the Kadappuram regions of Chavakkad Gramapanchayath to clean the areas and to know the affected areas. The regions affected are cleaned and made into a proper lifestyle.



CLEAN CAMPUS.



The NSS Volunteers of Little Flower College, Guruvayur divided them self into group and cleaned the areas allotted to them. Each day the group are divided and on a specific time they start cleaning. The areas in and outside the campus were cleaned.

INDEPENDENCE DAY.

The NSS Volunteers of Little Flower College, Guruvayur as a part of Independence Day presented a flash mob and a presentation. Both were presented by the newly elected members of the unit. It was a great success.

FLOOD RELIEF-CLEANING.



The NSS Volunteers of Little Flower College, Guruvayur went to visit the affected areas of the flood and together as a team cleaned the houses allotted to them. It was organised with the help of Guruvayur Municipality. The unit had to take precaution as there might later create health problems. The unit was able to complete the task successfully.

FLOOD RELIEF-SURVEY.

4th September

The NSS Unit of Little Flower College, Guruvayur with the help of the Health Unit conducted survey in the flood affected areas. We recorded the losses they had due to flood and made a report based on it. It helped the municipality to make an overall loss occurred in these areas.

TEACHERS DAY.



The NSS Unit of Little Flower College, Guruvayur prepared handmade pen holders and presented them as a part of Teachers Day. There was a display of these handmade products and the students presented their own designs and ideas. The unit were able to make about 110 pen holders. It was a grant success.





FLOOD DISASTER AND SURVEY

The NSS Unit of Little Flower College, Guruvayur conducted flood disaster survey at Mullessery and Guruvayur, with the help of Guruvayur municipality and Mullessery gramapanchayath. We surveyed the area and estimated the approximate loss.



Alzheimer's Day

On 11th September the NSS Unit of Little Flower College, Guruvayoor conducted a class about Alzheimer's. Mr Suresh gave a talk about Alzheimer and it's after effects. The talk gave a lot of information to the volunteers. It helped the volunteers to understand and learn how to take care and behave to the Alzheimer patients. He also explained about the different stages and the how one can understand whether he or she is an Alzheimer patient or not.



NSS Day

On 24th September the NSS Unit of Little Flower College, Guruvayoor celebrated NSS Day.



OLD AGE HOME VISIT

On 2nd October, the NSS Unit of Little Flower college, Guruvayur paid a visit to Marathankara old age home. Volunteers interacted with the inhabitants and performed various cultural programmes for them. The volunteers also fed them food.



Pusthakakuda

5th October

The NSS Unit of Little Flower college along with NCC, donated books to rejuvenate libraries destroyed by flood in Thrissur district. They collected books from nearby houses and students. The collected books were given to Mr.....

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October 10th to 20th week- retrospection days

The volunteers took up an assignment to study their daily life activity and study their families use of plastic and the means to reduce it. They also researched on new ways of wastemanagement suitable for their families.

World mental health day

19th October

The NSS Unit of Little Flower college visited the rehabilitation centre, Charisma madam, Poovanchira. The volunteers conducted various kinds of programmes and games for them.



National Integration Day

31st October

The NSS Unit of Little Flower college, Guruvayoor celebrated National integration day- Run for unity. The rally was flaged off by Principal, Rev.Sr.Dr. Molly Claire. The rally was from college to Mammiyur junction.



Kerala piravi and Ethnic unity

1st November

The NSS Unit of Little Flower college, Guruvayoor conducted various cultural programmes and ethnic flash mob on national integrity.

Guruvayoor Kshetra Praveshana Sathyagraha Smaraka

8th November

The NSS Unit of Little Flower college, Guruvayoor attended Guruvayoor Kshetra Praveshana Sathyagraha Smaraka inaugurated by Chief Minister, Mr. Pinarayi Vijayan.



POETRY WRITING

19TH November

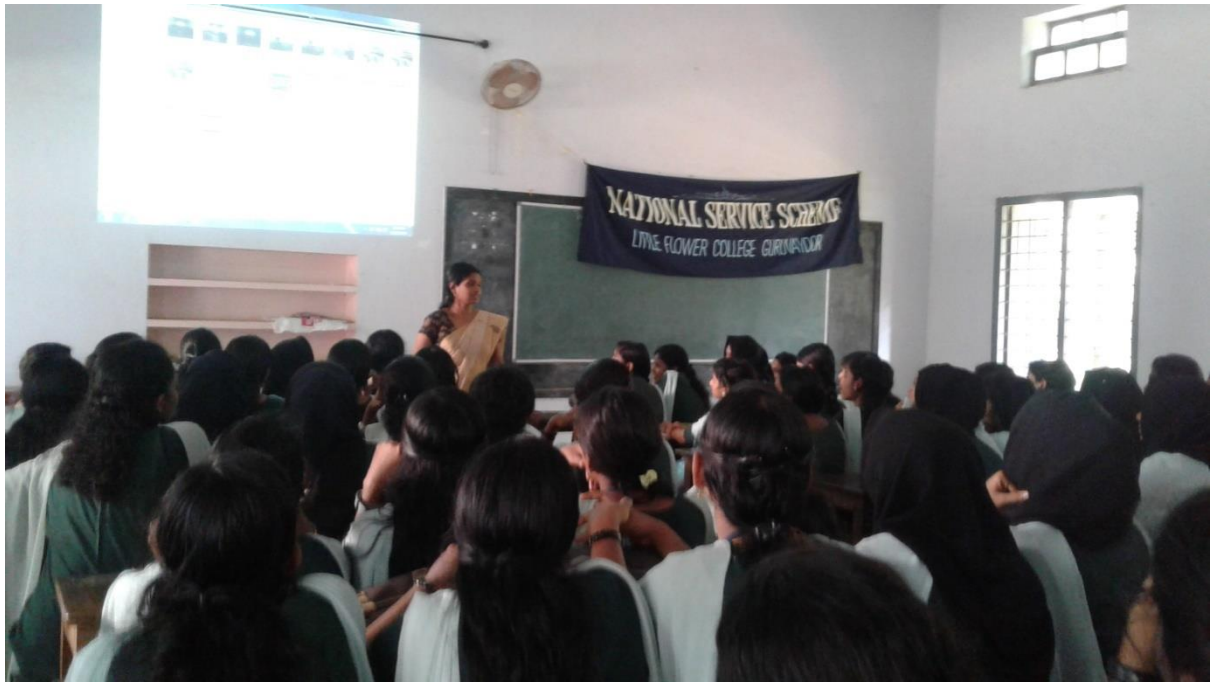
The NSS Unit of Little Flower college, Guruvayoor conducted a poetry writing spree WOMEN.



Women Empowerment talk

27th November

The NSS Unit of Little Flower college, Guruvayoor organized a talk on women empowerment by Dr. Annam cini. The talk was highly motivating and it included all recent statistics.



Positive Speaking on HIV

29th November

Talk By Ms.SwapnaJohnny, Assisitantprofessor,Department Of Zoology, on HIV,CorrectKnowledge,Stigma and Discrimination etc.,



SwapShop

31st November

The NSS Unit of Little Flower college, Guruvayoor organized a swap shop to promote the motto of Reduce-Reuse-Recycle. The volunteers gathered used as well as new products and gave them away for the needy. This continued every Friday for the next 8 weeks.



AIDS Day and week

Dec1

The club members went on a rally to create awareness on AIDS and distributed pamphlets.



Latter on they stood in formation of the AIDSsymbol



A talk to guide the students of the college to guide them on HIV was arranged on 4th December. The talk was Ms.RajiMol, Junior Health Inspector, Pookode Health Center.



The AIDS Day pledge also was taken



Street plays were presented in various junctions near the college:



National Youth Day

January 12th

The Youth Day was celebrated with various colourful programmes and contests. A talk on First Aid and Disaster Management was also arranged. The Class was led by Dr.Sajana, Assistant Professor, Department of Community Medicine, Govt. Medical College,Thrissur.





Republic Day January 26th

The volunteers actively participated in the republic day rally and flash mob contest conducted t the Guruvayoor Municipality. **Secured second place for Flash mob and first place for republic day parade.**

March 5th- Shuchithwa Mission awreness stickers and boards

The volunteers distributed stickers with instruction for reduced use of plastic and increased eco friendly living measures.

May

The volunteers helped in the construction work of house ,the NSS Abhyam project. by doing manual labour.