SPECIAL CAMP 2019-20

FIRST DAY

NSS Unit of Little Flower College, Guruvayoor has organised a 7 days special camp at G.H.S.S. Kadappuram. School PTA president R.S. Mohammad Mon inaugurated the proclamatory procession along with an introductory speech. Our NSS volunteers distributed the sweets throughout the procession.



We reached the camp by 5.30 pm and thereafter Dr. Molly P.P, from Chemistry department, has given us an inspirational speech. And then we splitted up to five groups for our respective tasks. And by 10 pm we went to bed.

SECOND DAY

We entered the second day of the seven days camp organised by NSS Unit of Little Flower College, Guruvayoor. After usual Yoga practice and cleaning, we moved on to our official inauguration ceremony by 10'O clock. Our dear principal Dr. Sr. Philo Jees prescribed the function. Former Kadappuram Gramapanchayat president Sr. P.K. Basheer inaugurated the ceremony.



There after we moved on to a class headed by Kadappuram block health supervisor Sri. K.K. Hussian, on the topic "Healthy Awareness".





After lunch Adv. Sony Therese gave us an awareness class on the topic "Equality through the knowledge of Human Rights". After tea break, we attended another one hour class on "Medicinal Plants" headed by Miss Sithara K. Urumbil, assistant Professor, Botany department of our college. Thereafter, we conducted a rally based on "Nutrition" and our volunteers made a street play on the same.

After returning, we formed groups and visited nearby house as "Peace messengers". We went to bed at around 10.30 pm after the cultural programmes and meditation.

THIRD DAY

We entered the third day of our NSS Camp with usual Yoga practice at 6.30 am. Thereafter we began our health survey in groups.





After lunch we attended a fabric painting workshop headed by Ancymaam, as a part of our craft works. There after we attended another class by Sr.Nirmala on the topic "Women Empowerment and Training". Then as usual, we went for our rally and a street play on the topic "lesson 1- cleanliness". Thereafter we formed groups and visited nearby houses as "Peace Messengers". Our day ended with evaluation and cultural fest.

FOURTH DAY

We moved on to the fourth day of our NSS Camp. After usual Yoga practice, we assembled for our report presentation and news reading session. By 9.30 am, after breakfast, we began our health survey in 12th ward. Thereafter we attended a self defence class headed by Sunil sir. There we practiced some basic Karate postures.



After tea break, we moved on to another class on the topic "Mental Health" headed by Santhosh sir, Assistant Professor, Zoology department of SreeKrishna College, Guruvayoor. There after we conducted a rally and a street play on the topic "Women Empowerment". We organised a culturalfest at around 8.30 pm and thus ended our fourth day.

FIFTH DAY

Our fifth day of NSS Camp began by 6AM. Thereafter, we went for beach cleaning at Anchangadi. Kadappurampanchayat president Sri.Ummarkunji inaugurated the function. Within three hours, we cleaned the beach.



After returning,we attended a drama class headed by Calicut University Drama scholar, Biresh sir. Thereafter ,by 2pm,we assembled for our report and newspaper presentation. By 4PM, we organised our vibrant newyear celebration at nearby Anjangadi beach.



Around fifty people participated in the function. After enjoying our fest with games and crackers, we returned back at around 7:30 PM .We had our evaluation session after that. Thereafter, we went back to bed.

SIXTH DAY

We moved on to the sixth day of our NSS Camp. After breakfast by 9:30, we went to Tsunami colony for the health survey. Volunteers grouped into five groups and visited above 200 houses in the colony. Thereafter we went to Chavakkad beach we made the best possible use of our few short hour, and by 12:30, we returned. After lunch we attended the class headed by Sr.Vandhanatherese after moved on to our official closing ceremony. The function started at 5.00 pm with NSS song. Camp leader Jamsheera presented the report. Kadappurampanchayath president P V Ummerkunji inaugurated the function.



Rev.Sr.Jeesma Therese presided the meeting. Ward member Ashkar Ali distributed the prizes for the best camper and best worker. Health inspector Rajendran released the magazine. The function ended by national anthem. After dinner volunteers conducted the camp fire.

7th Day

The last day of the camp, all the volunteers woke and got into the morning chores with mixed feelings. After the morning exercise and news paper and report reading the groups went to do cleaning. All the groups took care to do their duties with diligence. The biodegradable waste was put into the biogas and some of it was buried. Non biodegradable waste was segregated and put in the respective bins. Bathrooms, toilets and classrooms were cleaned and tidied. The camp site was cleaned. After breakfast the volunteers shared their decisions and resolutions they took for the New Year. It was noted that the camp had made a deep impact in the way of life of most volunteers.