

FISHERY SCIENCE I

Excretion and osmoregulation

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Excretion and osmoregulation

- Excretion- elimination of nitrogenous waste from the body
- Osmoregulation – Rudolf Hober- control osmotic pressure and ionic concentration inside the body

- Osmosis = movement of solvent through a semipermeable membrane
- Osmoregulation – occurs between intra and extra cellular compartments and also between extracellular compartment and external environment
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- Osmoregulation carried out by gut, skin, gills, oral membrane and kidney

Kidney

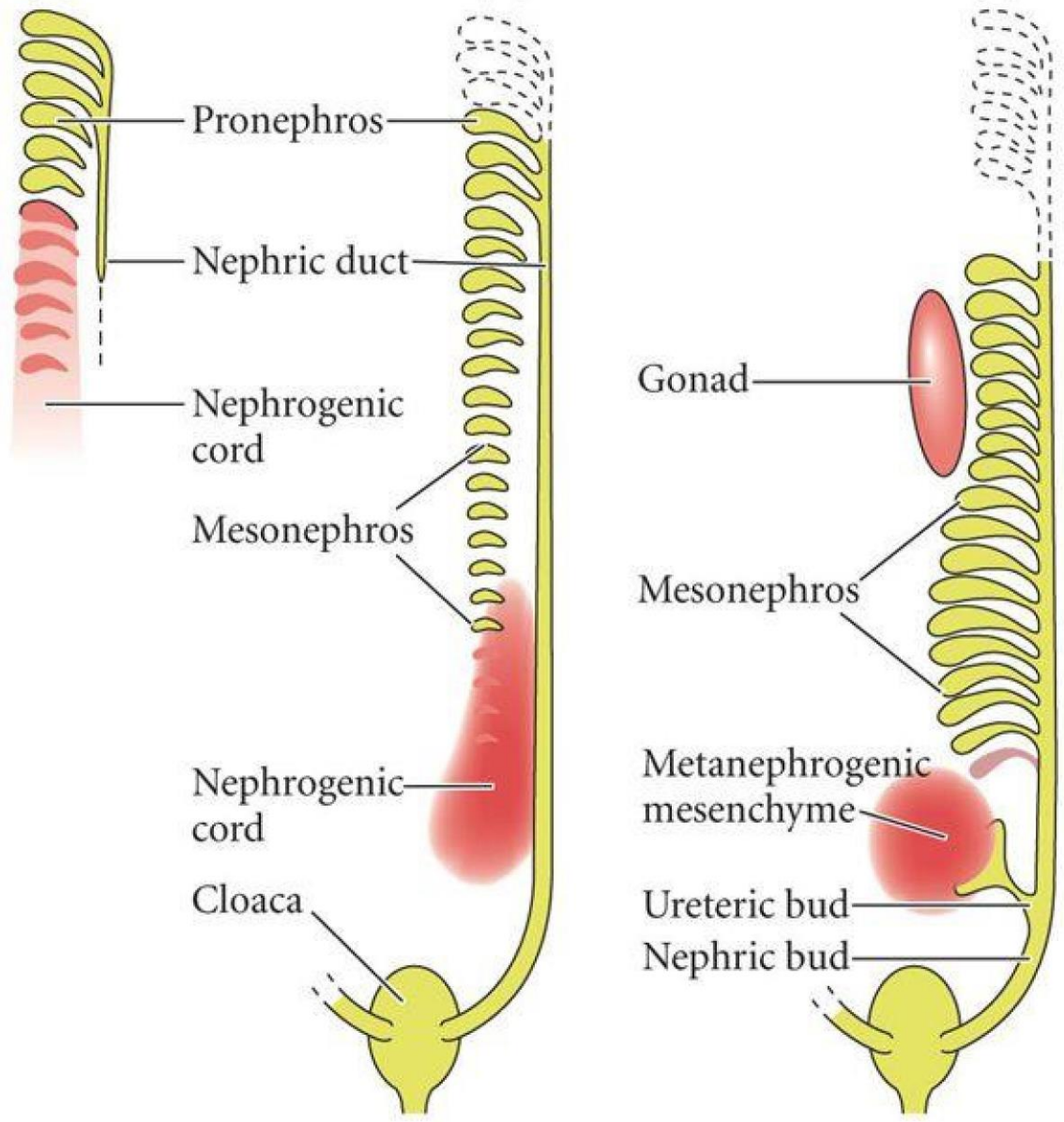
- Excretory organ consist of fish is kidneys, ureters And urinary bladder
- Kidney is opisthonephron- anterior nephrons or kidney tubules have been lost , more tubule in the posterior end
- Holonephros– primitive

- Anterior tubules become functional in early life- pronephros

Pronephros (A)

Mesonephros (B)

Metanephros (C)



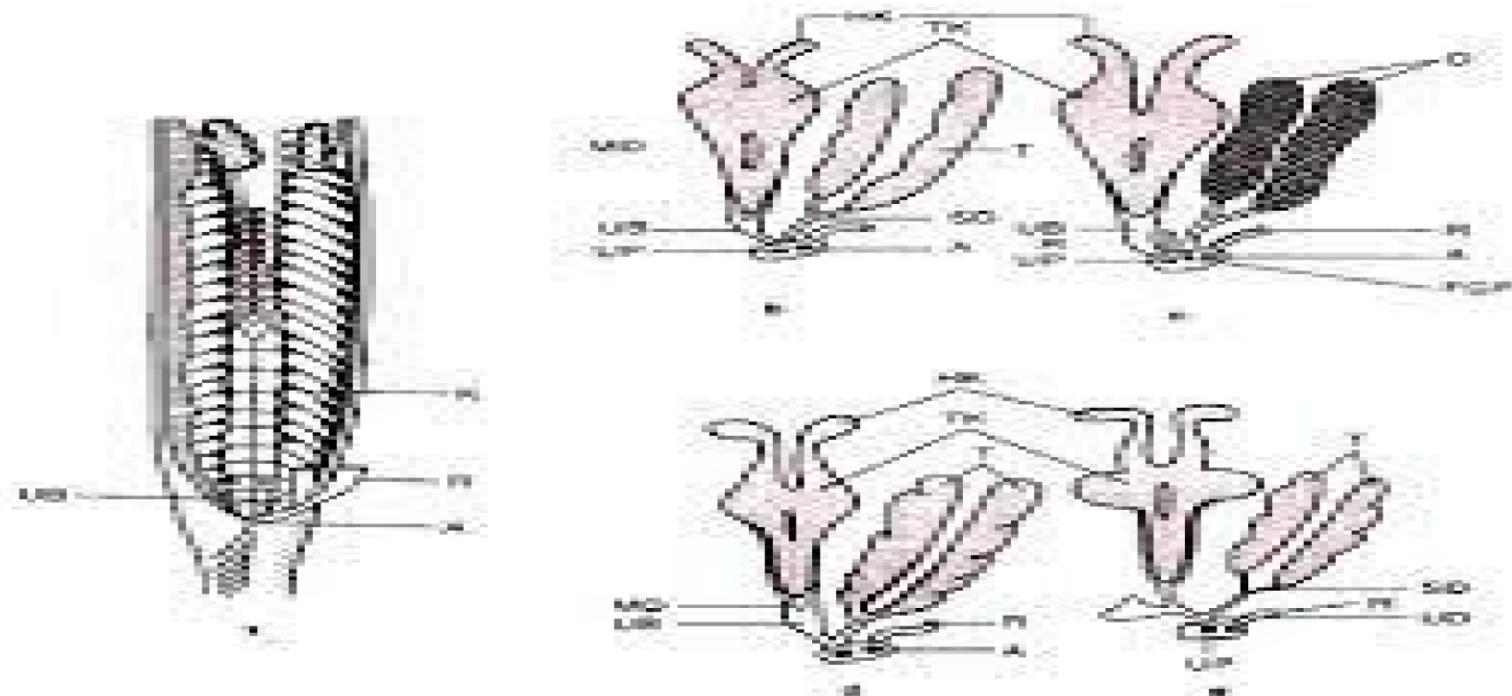


Fig. 13.3a-e : Excretory system of (a) *Apis mellifera* (b) *Cockroach* (male) (c) *Cockroach* (female) (d) *Leech* (male) (e) *Leech* (female). A, anus; PGP, female genital pore; HK, head kidney; MD, mesocephalic duct; O, ovary; R, rectum; SD, sperms duct; T, testis; TK, trunk kidney; UB, urinary bladder; UD, urinary duct; UP, urinogenital pore.

- Posterior tubules function throughout lifemesonephros
- Kidney located near alimentary canal, close to vertebral column
- Shape of kidney varies according to species

2 parts

HEAD – pronephros- anterior- become functional in early stage of life

- Head kidney is non excretory and endocrine in function

- Interrenal glands (homologous to adrenal cortex of mammals) and chromaffin cells (similar to adrenal medulla) also present
- Trunk- mesonephros – posterior – become functional late trunk kidney (posterior kidney) excretory in function

Types of kidney in marine teleosts

1. Fused – no distinction between head and trunk – Salmon
2. Semi fused – distinct head and trunk , mid and posterior part fused- eels
3. Partially fused – head and trunk separate, only posterior fused – Mugil

4. Posteriorly fused – fusion in the posterior end of trunk – Syngnatha
5. Separate- completely separated throughout their length – lophius

Fresh water teleosts

Type 1- salmon type

Type 2 – cyprinids, type3- cottids

Some species specific variation also

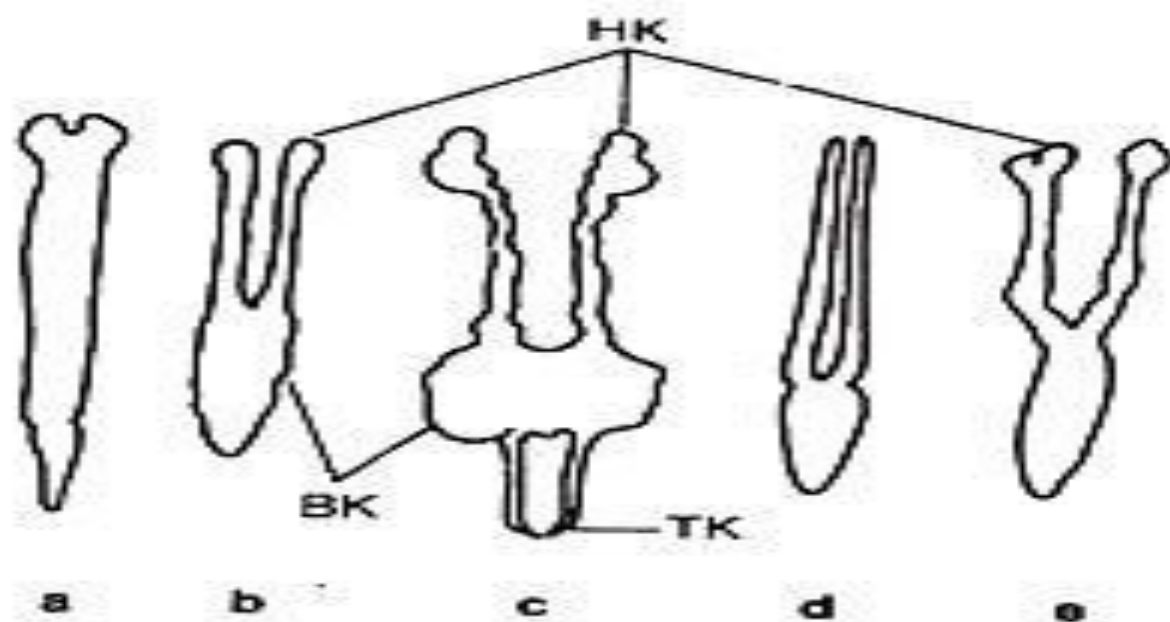


Fig. 11.3a-e : External view of teleostean kidney. (a) rainbow trout. (b) Ayu. (c) carp. (d) Eel. (e) yellow tail; BK, body kidney, HK, head kidney; TK, tail kidney.

Structure of kidney

- Yellowish bodies are embedded with kidneys called Corpuscles Stannius – Endocrine in function
- Head kidney function as a haemopoiesis organ
- Mesonephric ducts or ureters lie closed together in the median line
- Anteriorly they are separate ; posteriorly 2 mesonephric ducts open separately into the urinary bladder

- Urinary bladder usually opens to the exterior by common urinogenital aperturer in male , and separate in female

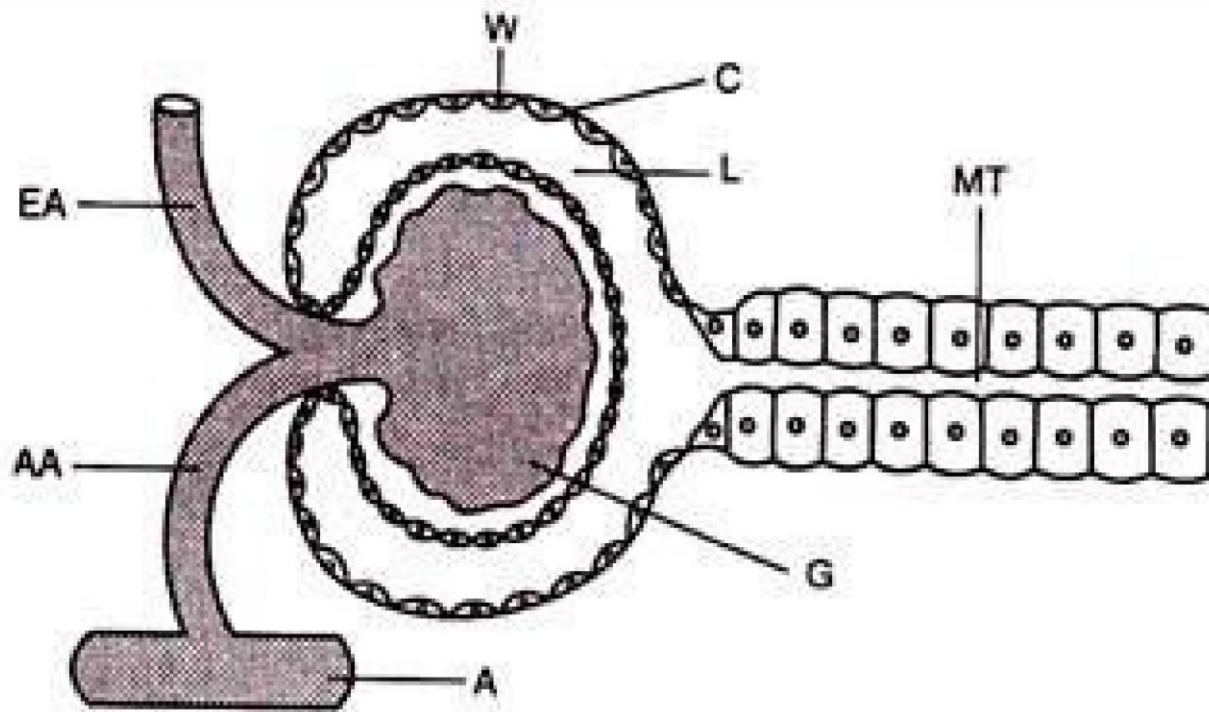


Fig. 11.8 : Diagram of renal corpuscles of fish. A, aorta; AA, afferent arteriole; C, capsule; EA, efferent arteriole; G, glomerulus; L, lumen; MT, mesonephric tubule; W, wall.

- Trunk kidney or body kidney contains renal tubules (nephrons) and interstitial lymphoid tissue
- Number of renal tubules varies in different species
- Each nepron consist of 2 parts – renal corpuscles(Malpighian body or Bowman’s Capsule) and renal tubules(urinary tubule)

- Bowman's capsule is a double layer cup-like structure of uriniferous tubule which contain tuft of capillaries known as glomerulus
- The remaining segment of urinary tubule is divided into proximal convoluted segment , intermediate and distal segments
- Distal segments is absent in marine fishes

- Glomerulus and Bowman's capsule together constitute the renal or Malpighian capsule – filtration apparatus of kidney
- Glomerular capillaries – vascular part of Bowman's capsule- is the afferent arteriole which divides and forms capillary loops
- The loops reunite and leave the capsule as efferent arteriole

- Renal corpuscle contain Mesangial cells – located between the loops of glomerulus and also in the inner wall of capsule
- M cellsc can remove large proteins from the glomerular basal lamina
- Juxtaglomerular cells present in the wall of afferent arterioloes

- Jg cells contain secretory granules – produce renin hormone – increase blood pressure – control glomerular filtration
- Renal tubules are thin and short in the neck segments and consist of single layer of low epithelial cells with long cilia

- Proximal convoluted segment provided with cuboidal epithelial cells- cytoplasm contains secretory granules
- Distal convoluted segment is absent in marine fishes

Freshwater fish

Food,
fresh water

Gills:
Active absorption of
NaCl, water enters
osmotically

Intestinal
wastes

Urine

Kidney tub

Kid
of c

Marine fish

Food,
seawater

Stomach:
Passive reabsorption
of NaCl and water

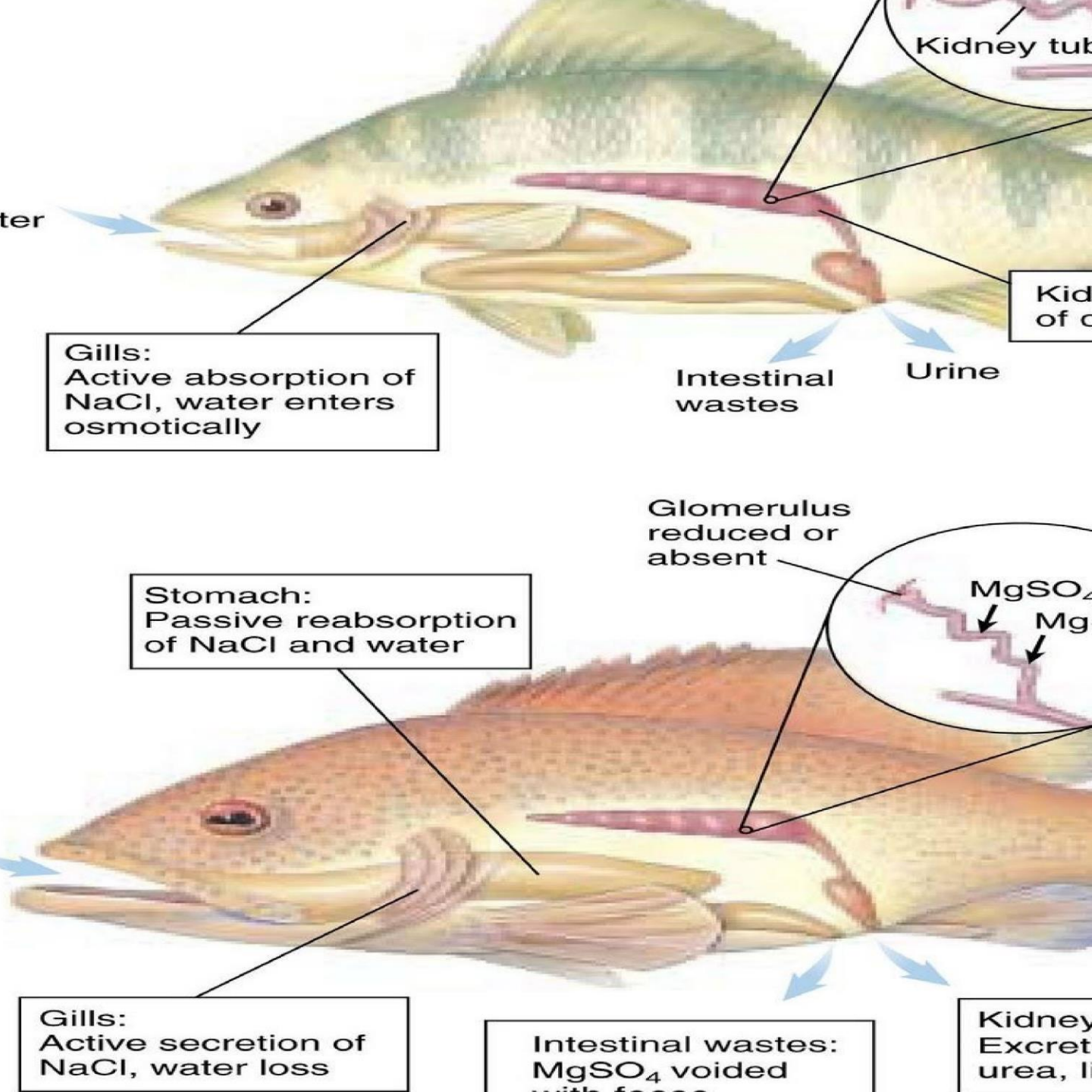
Glomerulus
reduced or
absent

MgSO₄
Mg

Gills:
Active secretion of
NaCl, water loss

Intestinal wastes:
MgSO₄ voided
with feces

Kidney
Excret
urea, l



- Ureter is made up of external tunica adventitia, middle lamina propria and innermost columnar epithelial cells
- Ureter conduct urine upto urinary bladder
- Urinary bladder is a thin walled sac like structure
- Made up of 3 layers similar to ureters
- Corpuscles of Stannius is a small ductless gland produce hypercalcemic effect

- Thyroid is not a discrete organ but fused in the kidney as follicles – heterotopic thyroid

Histology of kidney of Fresh water

Teleosts

- Trunk kidney consist of nephrons or urinary tubules
- Head kidney is made up of lymphoid , interrenal and chromaffin tissues – devoid of

renal corpuscles and tubules – so not excretory in function

- Typical nephron is called glomerular nephron7 parts
 1. Renal corpuscle or Malpighian body= Bowman's capsule + glomerular contains a well vascularized glomerulus
 2. Neck segment with ciliated columnar epithelium

3. First proximal segment with brush border epithelium & lysosomes
4. second proximal segment with brush border epithelium and mitochondria
5. Narrow intermediate segment
6. Distal segment
7. Collecting tubule lined with cuboidal cells

Kidney of marine Teleosts

- Less developed glomerulus – aglomerular nephron
- Less no. of renal corpuscles- poorly vascularized
- In Hippocampus, kidney completely devoid of renal corpuscles
- No distal segment
- Short neck

- Proximal segment directly leads to collecting duct

Physiology of Excretion

- Blood supply by renal artery (to glomeruli) and renal portal vein (capillary network around the kidney)
- Ultrafiltration by glomerulus and Bowman's capsule
- High pressure filtration

- Excretory fluid flows through renal tubule by the movement of cilia and net filtration pressure
- Na & Cl ions completely reabsorbed from the ultra filtrate
- Uric acid and creatine excrete through kidney in fresh water teleosts
- Urea and ammonia through gills in FWT
- Gills are the main excretory organs of nitrogenous waste

- Kidney removes Mg, So₄, Na, K, Ca ions in marine teleost
- Marine fishes produce concentrated urine contains Ca, Mg, So₄, Po₄ ions.

osmoregulation

- Osmoregulation is defined as the ability to maintain a suitable internal environment in the face of osmotic stress

- Maintenance of constant osmotic pressure in the fluid of an organism by the control of water & salt concentration
- Osmotic exchange are 2 types :-
 - A. Obligatory exchange – occurs usually in response to physical factors, animal has no physiological control
 - B. Regulatory exchange – physiologically controlled

Factors affecting obligatory exchange

1. Gradient between the extracellular compartment and the environment – hyperosmotic and hyposmotic
2. Surface/ volume ratio- animal with small body size hydrate more rapidly than a larger animal of the same shape
3. Permeability of the gills- active transport of salts
4. Feeding- take water and salts along with the feeding

- Different in fresh water fishes and marine water fishes
- Several adaptations for the maintenance of internal environment – homeostasis
- In fresh water fishes, body fluid is hypertonic – so movement of water into and ions out
- In marine fishes, just opposite, so they tend to drink water
- Osmoregulators- animals who can maintain internal osmolarity different from the medium

in which they live with the help of endocrine mechanism

- Osmoconformers :- unable to control osmotic state of their body fluids

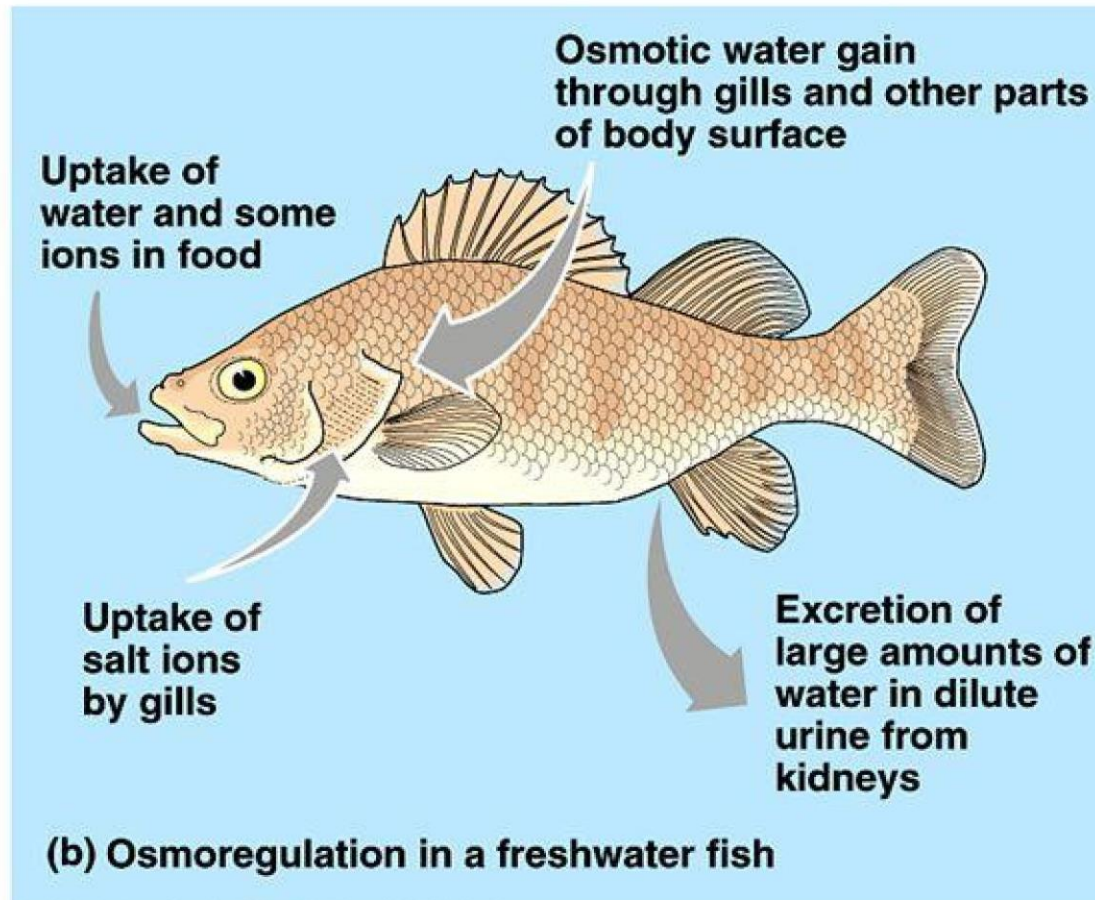
Osmoregulation in fresh water fishes

- Water enters their body through oral membrane, gills, skin and intestinal surface
- Compensation of hydration, produce large quantity of urine

- Reduction of salt loss- dilute urine by reabsorbing salts from urine

Osmoregulation in freshwater fish

Freshwater fish face two problems: they tend to lose ions and gain water.



Osmoregulation in marine Teleosts

- Danger of water loss
- To compensate osmotic dehydration drink water
- This enhance their salt content
- Kidney tubules are highly modified for retention of water – so very less urine production
- Skin is impermeable to water and salts
- No. and size of glomeruli very less or absent
- Distal segment is lacking – to conserve water
- Reduced glomerular filtration rate
- Much concentrated urine than fresh water teleosts
- Urine is hyperosmotic to blood

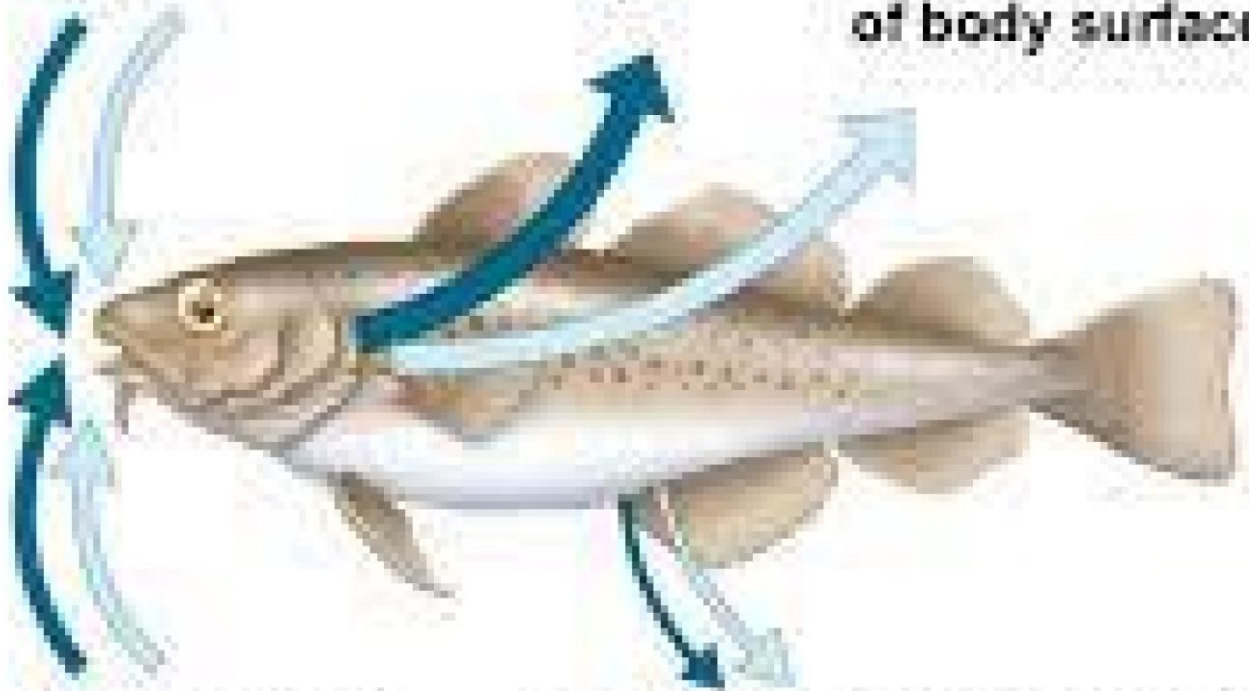
- Water loss through gills compensated by water drinking
- This drinking enhances salt content in blood
- Excess salt pumped out by chloride cells
- In marine teleosts, chloride cells are for the removal of salts
- In some elasmobranchs, rectal gland – functional analog to chloride cells

(a) Osmoregulation in a marine fish

Gain of water and salt ions from food

Excretion of salt ions from gills

Osmotic water loss through gills and other parts of body surface



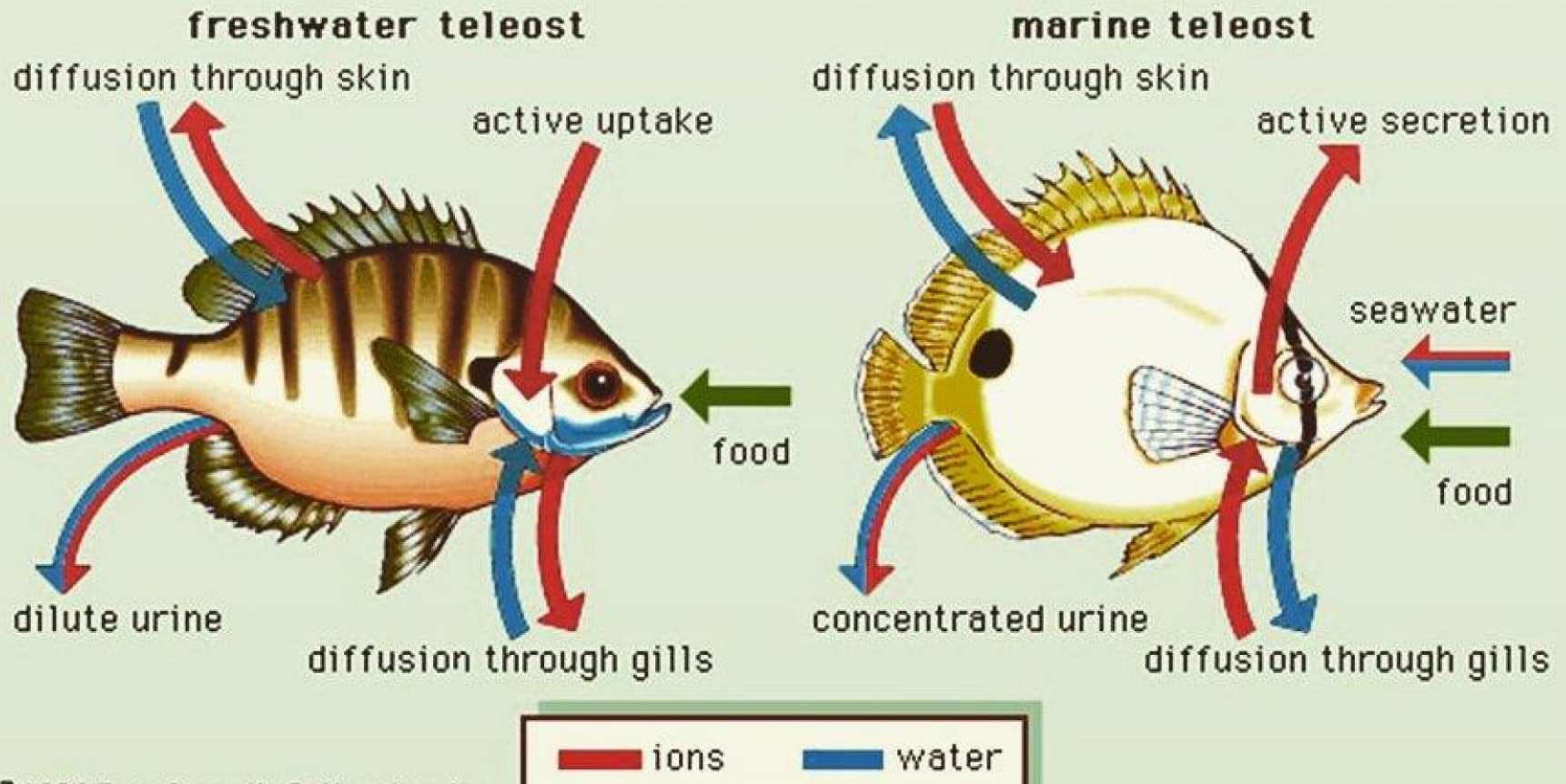
Gain of water and salt ions from drinking seawater

Excretion of salt ions and small amounts of water in scanty urine from kidneys

Key

- Water
- Salt

FRESHWATER VS. MARINE FISH



Hormonal control of Osmoregulation

- Hormones control blood pressure – which change ultrafiltration rate
- Some hormones directly affect tubular cells- change permeability and reabsorption rate
- Renin hormone from juxtaglomerular cells- increase blood pressure- control glomerular filtration
- Corticosteroids from adrenal cortex minimize Na elimination through kidneys and increase excretion through gills by changing permeability and rate of uptake

- Hypothalamus , thyroid hormones and gonadal hormones control mineral uptake