

LITTLE FLOWER COLLEGE, GURUVAYOOR
WALK WITH A SCHOLAR PROGRAMME 2019-2020

ACTIVITY REPORT FOR THE YEAR 2019-2020

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1. Principal : Dr. Philomena CF
2. Vice Principal : Sr. Jeesma Therese
3. Associate Professor : Sr. Shirly Thattil
4. Associate Professor : Dr. Lali Thomas Kotturan
5. WWS coordinator : Anne Jose M.
6. IQAC coordinator : Hitha Paulson
7. Student Union Member : Gayathri MR

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15	Sr. Lovely Jacob A	Assistant Professor	7592899767	lovelyjacob@yahoo.com	I year

List of Mentees:

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Report

Ms Anne Jose M, Assistant Professor in Physics, Little Flower College, Guruvayoor was appointed as the WWS coordinator for the academic year 2019-2020 in the staff council meeting held on 6th June 2019.

Ms Anne Jose M attended two one day WWS coordinator's meet at Loyola college, Sreekaryam on 11th June 2019 and on 21st August 2019. In those meetings, discussions were done regarding the fund transfer procedure of WWS and general outline of the programme for the academic year 2019-2020.

In the staff council meeting held on 27th August 2019 a monitoring committee was formed to evaluate the implementation of the programme. Five assistant professors from 5 different departments were appointed as first year internal mentors in the same meeting. Among them, Dr. Jilna Alex N. and Sr. Dani C Francis participated in a one day training programme for mentors of WWS held at St Teresa's College for Women, Ernakulam on 5th September 2019.

The total amount allocated to the college for the implementation of WWS activities for the academic year 2019-20 was 137600.

Fund allocation and Expenditure details:

Year	Programme	Amount sanctioned	Amount spent
2019-2020	External mentoring (I year)	27000	27000
	Internal mentoring (I year)	25000	25000
	External mentoring (II year)	12000	12000
	Internal mentoring (II year)	17500	17500
	Internal mentoring (III year)	15000	15000
	Coordinator charges	20000	20000
	Lunch	9000	5700
	Stationery kit	3600	3600
	Office expense	8500	8500
	Total	137600	134300

External mentoring sessions

External mentoring sessions for first year mentees were held on 16th November 2019, 23rd November 2019, 30th November 2019 and 21st December 2019. Details of sessions and resource persons are as follows:

Date & Time	Name of the External mentor	Topic
16/11/2019 9.30am - 11.30am	Babu Kuruvila	Self awareness & SWOT analysis
16/11/2019 12.30pm- 3.30 pm	Babu Kuruvila	Self expression through art forms
23/11/2019 9.30am- 11.30am	Alex Mathew	Goal setting
23/11/2019 11.30am- 1.30pm	Alex Mathew	Scientific Temper
30/11/2019 9.30am- 12.30pm	Dr Prasad MV	Constitution and Democratic values
30/11/2019 1.30pm- 3.30pm	Dr. roshniswapna	Meet with an expert
21/12/2019 9.30am - 11.30am	Adv. Phijo Joseph	Meet with an expert
21/12/2019 12-2pm	Jasimudeen S.	Academic Book Review



Babu Kuruvila



Alex Mathew



Dr Prasad MV



Dr. Roshniswapna



Adv. Phijo Joseph



Jasimudeen S.

External mentoring sessions for second year mentees were held on 16th November 2019 and 21st December 2019. Details of sessions and resource persons are as follows:

Date & time	Name of the External mentor	Topic
16/11/2019 9.30am – 12.30 pm	Nitheesh Kurian	Soft skill development
16/11/2019 1.30 pm – 3 pm	Leya Thomas	Environmental sensitization
21/12/2019 9.30 am - 11.30am	Jasimudeen S.	Journal review
21/12/2019 12pm- 1.30pm	Roy VS	Gender sensitization



Nitheesh Kurian



Leya Thomas



Jasimudeen S.



Roy VS

Feedbacks were collected from both mentees and external mentors to evaluate the sessions. From those data, it was understood that external mentoring sessions were extremely beneficial for the mentees.

Internal mentoring sessions

On 29th October 2019, a meeting was arranged for internal mentors by college level coordinator. Discussions were made on internal mentoring sessions. Every internal mentor trained the WWS mentees. 15 internal mentors and 90 mentees were benefitted by this programme. The lack of time for mentors due to

professional constraints and for students due to tight schedule of internal and university exams was a hindrance for the effective running of this programme.



Ms.Anju S Mattam



Ms.Rose paul



Dr. Annam Sini A P



Dr Thanuja A Mathew



Dr. Justin P G



Dr Mariamma Antony



Ms. Laly A S



Ms. Esther Mani



Dr.Moly P P



Ms. Silpa Anand.S



Dr. Jilna Alex N



Mr. Jestin James M



Ms. Sithara K Urumbil



Sr. Dani C Francis



Sr. Lovely Jacob A