

WOMAN CELL REPORT 2022-2023

1. **Counselling** is continuously carried out on all Mondays and Tuesdays in the Counselling Room for the students by Sr. Nancy Alphonse coordinated by Woman Cell of the College.



2. Woman cell Coordinator, Dr. Swapana Johny attended “**Gender Sensitization Workshop**” organized by Dept of Women and Gender Studies, Savitribai Phule Pune University and Brunel University, UK, in collaboration with University of Calicut on 22-09-2023, conducted for the Woman Cell Coordinators of various colleges under the university.



3. Woman Cell of the college organized Seminar on “**Menstrual Hygiene and Teenage care**” by Sreelatha Pradeep, Keysoul Trainer and Translator on 11-10-2022 jointly with Department of Zoology in the College Auditorium



4. Woman Cell of the college organized an **Awareness Class on PCOD** by Dr. Madhavi Yelamanchili, Laproscopic Surgeon and Infertility Specialist, Rajah Hospital, Chavakkad on 22-11-2022 jointly with Department of Zoology in the Seminar Hall.



5. Woman Cell coordinated **“Pathway – Social Life Wellness Programme”** conducted from 9th to 11th January 2023 in six different venues for 180 Christian and Muslim students of the college by Minority Welfare Department, Govt. of Kerala.

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Directorate of Minority Welfare, on behalf of the government of Kerala, conducted a social life wellness programme titled “PATHWAY” in Little Flower College, Guruvayoor on 9th January 2023 lasting till 11th January 2023. The Inaugural ceremony of the programme commenced with the lighting of the lamp by a group of dignitaries including Mr. Akbar N.K, MLA Guruvayoor constituency; Sr. Dr. Jeesma Therese, Principal of Little Flower College, Guruvayoor; Dr. M.B Hamza, Principal of Minority of Welfare Department.



Dr.Sr.Jeesma Therese formally welcomed the guests. She appreciated the government’s initiative for protecting and preserving the rights of minority people in the society. Dr. M.B Hamza pressed on the needs of having specific programmes, coaching and agencies to enhance the rights of minority section of the society. In his address, Mr. N.K Akbar briefed the necessity of educating and motivating the minority people residing in the coastal regions of the state. In the end of the Inaugural session, Dr. Swapana Johny, Head of the department of Zoology and Women Cell Coordinator concluded the programme by thanking the sincere presence of the participants and dignitaries. The three day programme consisted of six batches daily with both morning and afternoon sessions from 9:30 to 12:30 and 1:30 to 3:30 respectively held in six venues – Seminar Hall, Rosa Hall, Rani Maria Hall, Alphonsa Hall, Room No: 44 and 120.



On 9th January 2023, after the inaugural function, classes commenced in all the six venues with the active participation of students. Mrs. Hajara spoke on the topic, “Introduction: Marriage for wellness” in the Seminar Hall at 10: 30 am which extended till 12:30pm. Simultaneously, Mr. Rafi, Mrs. Munshidha, Firoz Ali, Adv. Haqq and Mr. Anshad led sessions in Alphonsa Hall, Rosa Hall, Room No. 120, Rani Maria Hall, Room No 46 and 44 respectively on the same topic. These classes helped the students to have a brief idea about the concept of marriage and what it entails in reality.



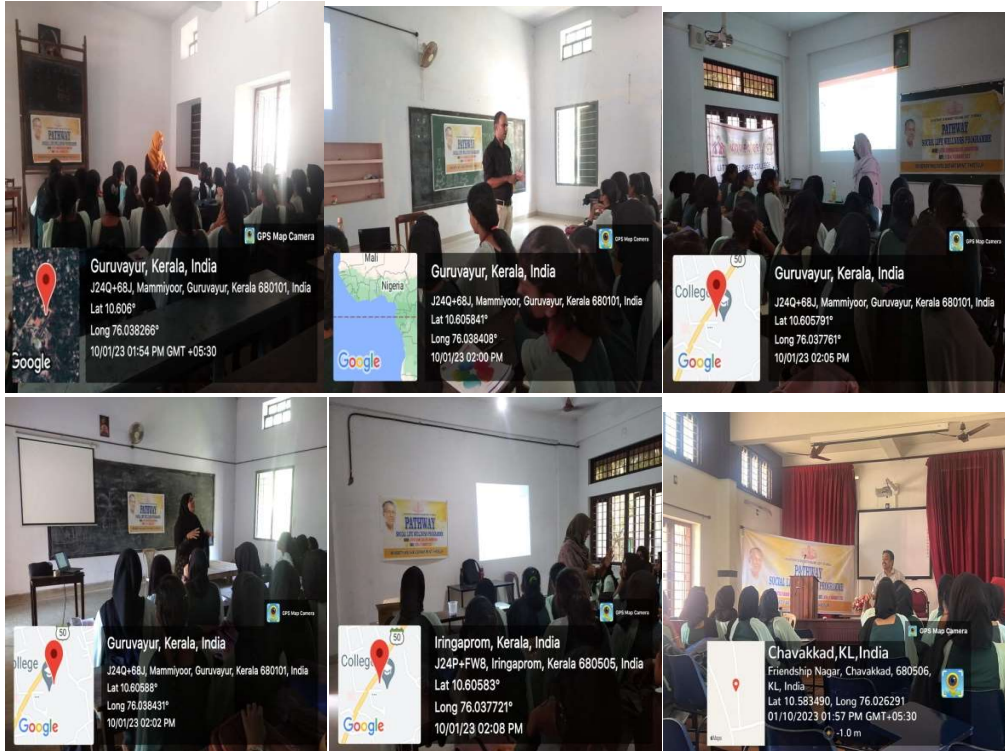


In the afternoon session of the same day, beginning from 1:30pm to 3:30 pm, all the above mentioned resource persons talked in detail about “Effective Communication”. This allowed the learners to have an elaborate idea about the significance of communication in the institution of marriage and how it strengthens the bond between two partners.



The second day, 10th January 2023 was followed by more pressing issues in the field of marriage. Mrs. Faseela expounded on the topic “Parenting and Sex education” in the

Seminar Hall. Mr. Firoz Ali and Dr.Zeyana also spoke on the same topic in different Halls. Adv. Haqq, Dr. Zeyana, Mrs. Hajara and Mrs. Soumya spoke on the topic “In Law Relationship and Conflict Management”. as one of the most discussed subjects among married people, these classes proved to be effective.



The afternoon classes discussed the topics, “In Law Relationship and Conflict Management” by Adv. Haqq, Mrs Soumya and Mrs. Hajara, whereas “Parenting and Sex Education” was explained by Mrs. Faseela, Mrs Firoz Ali and Dr. Zeyana in detail.





On 11th January 2023, in the morning session, Adv. Ilah elaborated on the subject “Legal and religious aspects of marriage” in the Seminar Hall. Meanwhile Adv. Haqq and Adv. Anees spoke on the same in the Alphonsa Hall and Rosa Hall respectively. Whereas Mrs. Soumya, Mrs. Munshidha and Mr. Firoz Ali spoke on the subject “Family Budgeting” in the Rani Maria Hall, Room NO . 46 and Room No.44 respectively.

Mr. Firoz Ali, Mrs. Munshidha and Mrs. Soumya spoke about the significance of “Family Budgeting” in the seminar Hall, Alphonsa Hall and Rosa Hall. And the remaining resource persons from the morning sessions corresponded on the topic “Legal and religious aspects of marriage”. The trainers provided expert knowledge and insights on the most relevant topics. the classes with their interactive and activity sessions proved to be a huge success. Regular attendance was taken on all days by the teachers in assistance along with a feedback form from the students to know about the efficiency of the class. The faculties and students participated were also provided refreshments and meals on all the days.



The valedictory function was held at 3:30pm in the Seminar Hall with the presence of the Principal (Little Flower College), Dr. M.B Hamza, and Adv. Haqq (representative of Resource Persons). The event began with a melodious prayer song by Miss Anjali, followed by Welcome Address by, Dr. Swapana Johny, Head of the department of Zoology and Women Cell Coordinator. Dr. Sr. Jeesma Therese, appreciatively commented on the success and impact of the programme. Dr.M.B Hamza gave interesting insights on the potentiality of the programme and encouraged students to share their experiences with the audiences. Students from each of the six batch came forward to share their views on the programme “PATHWAY”. All the students spoke highly of the quality of the speakers and the content they shared. Certificates were handed also out to students by the Principal and Dr.N.B Hamza .



6. Women cell of the college jointly with department of Zoology organized an awareness webinar on Breast cancer in association with CONSOLE, Medical Charitable Trust, Chavakkad. The resource person for the webinar was Dr. Givind G, Associate Consultant in Oncology, Lakeshore Hospital, Cochin on 27th January 2023.



7. Woman Cell of the college organized one-day workshop on Fabric Pearl and 3D works on 07-02-2023 for 30 students of the college. The class was held by Smt. Sheeba K V, Arts and Craft teacher, Floriat International School, Pidilite North Kerala Expert.

WOMEN CELL
LITTLE FLOWER COLLEGE, GURUVAYOOR

Organises
ONE DAY WORKSHOP ON
FABRIC PEARL & 3D WORK

RESOURCE PERSON



SHEEBA K V
Arts & Craft Teacher
Floriat International School
Pidilite North Kerala Expert



07-02-2023
11:30-3:30 PM

