# **ASSISI PETALS**

# CURUVAYOOR









**NEWS LETTER 2023 - 2024** 

ISSUE 1 - September 2023

"Bless the lord, Oh my soul! And do not forget all His benefits" Psalms 103:2



Rev. Sr. Dr. Jeesma Therese (Valsa M A) Principal

Greetings from Little Flower College Guruvayoor. The colourful new academic year 2023-2024 started from 01/06/2023. With great vigour and enthusiasm, all department associations started student-centric learning through different types of experiential activities. Reading week and other significant days were celebrated by variety of programmes. Our students secured medals in Archery competitions and bagged first and second positions in quiz, essays, etc. Our faculty members delivered extension lectures, presented papers and published research articles. The students showed their talents in curricular and extra-curricular activities. NSS volunteers

and NCC cadets expressed their commitment towards nation through number of extension activities. More infrastructural facilities were added in the college by the completion of Kolbe block and St.Clare block.BCA lab and Computer Science lab were air-conditioned. Non-teaching staff picnic to Mankulam and Munnar made them more vibrant. Webinars, seminars, workshops, etc. helped the students to explore new vistas of knowledge. This newsletter depicts all the activities of our students and staff from June to September 2023. Hearty congratulations to Ms.Laly A.S. for her tireless efforts to publish this newsletter at correct time. May the God Almighty shower thousands of His choicest blessings upon all of you.

Let us radiate the light of knowledge that we have gained into the society around us. (Isaiah 60 :1)

Amen



Little Flower College bagged first prize in Green campus competition conducted in connection with the cleaning drive of Guruvayur Municipality as a part of Indian Swachhata League to find the cleanest cities in India



Honouring Our Principal Rev. Sr. Dr. Jeesma
Tiherese on Teachers Day by YMCA, Guruvayoor

# Triumphs of Tride =



Rev. Sr. Dr. Jeesma Therese & NSS Asst. Programme officer Dr. Anuroj T.J. receiving prestigious award from INDIAN MEDICAL ASSOCIATION Thrissur for the outstanding contribution of NSS Volunteers in voluntary blood donation in the academic year 2022-23

# REMARKABLE ACHIEVEMENTS

### Ranks (2022-23)

**B.Sc. Chemistry** 



**B.Sc. Zoology** 

**B.A History** 



Anagha M. 3<sup>rd</sup> Rank



Vinitha P. 6<sup>th</sup> Rank



Aneesha 2<sup>nd</sup> Rank



Treesamol C.J. 6<sup>th</sup> Rank



Shirin M. 14<sup>th</sup> Rank

**B.A Multimedia** 

### **D-Zone Winners**



Ifrath Iiyana P.I. 3rd Rank



Adithya P. 9<sup>th</sup> Rank



Sheersha T.S. 17<sup>th</sup> Rank



Oppana Second Prize



C. Sethulakshmi III Prize - Sanskrit Versification & III Prize - Akshara Slokam

### **Job Placements**

Neha Nasrin P. TCS, Wipro



TCS



Ruby Mumthaz P.A. Aiswarya Viswanathan Wipro



Seba Jaleel K. Wipro



Aiswarva T.R. ALZA INC Trivandrum



Aswathy Suresh ESAF Cooperative Vadanapally



Aparna A.P.

**Economics** 



Thavanur Branch

#### Multimedia



Krishnedhu P.M. Onedot Media Chennai



Content Creator Junior Animator

Motion Web Hosting, Guruvayoor Paper Folks Creative Studio



Chithra E.



Apsara Crapgic Specialist Aramco, Saudi Arabia



Bonitta Jose



Deeshma V. Babu Asst. Professor Graphic Designer
St. Mary's College, Thrissur Excellence Group of Companies,
Thrissur



Haritha Harilal Asst. Professor, Tharananellur Arts & Science College



Sruthi K.P. M.Sc. Zoology Qualified **CSIR-JRF** & NET. **KSCSTE** fellowship, **GATE** 



Fathima Fidha - India Book of Records for making the largest mandala art using Arabic letters.



Anjana P. of III DC English participated in the Teachers Day Special Television Programme "Aashan Balyathilethanam" by Goodness TV on 5th September 2023.

# PILING UP THE LAURELS

Winners of Intercollegiate Competitions Organised by Guruvayur Devaswom in Connection with Ramayana Masam



C. Sethulakshmi First Prize in Essay writing competition & Third Prize in Ramayana chanting competition



First Prize - Ramayana Quiz



Anjana Satheeshkumar Second Prize in Ramayana chanting competition & Third Prize in Essay writing competition









'Innovative Young Mind Awards 2023' Organized by Institute of Vision Learning, Thrissur



**Shafna Sherin II DC History** 



Thasna Mariya **II DC Economics** 



Lima Krishna **II DC Botany** 



**Ashly Dev II DC Commerce** 



Shifana Shari **II DC Economics** 

II Prize Winners of Youth Day Special District level Drama Competition Organised by KSACS

Achievements in Competitions Organised by Guruvayoor Devaswom Religious Library in connection with Reading Day



C. Sethulakshmi Ist Prize - Essay Writing Competition



Anjana Satheeshkumar, C. Sethulakshmi, Arathi M. **Ist Prize - Quiz Competition** 

### **Book Release**





Book Release of Sithara Samad C., III Semester M.A. Malayalam

#### **Extension Lectures**

- Dr. Valsa M.A has delivered an extension lecture on 'How to stimulate positive energy for achieving success in life' at Appu Memorial HSS, Thaikkad on 01/06/2023.
- Ms. Julie Dominic A served as a resource person for a workshop organised by IQAC at Thomas College of Engineering, Maharashtra on 9<sup>th</sup> and 10<sup>th</sup> June 2023.
- Dr. Valsa M.A served as resource person for an invited talk on 'Research Methodology: Prospects and Challenges' at St.Mary's College, Thrissur on 30/06/2023.
- Dr. Swapana Johny Resource person for talk on "Fascinating World of Mangroves" on 27/07/2023, in connection with Mangrove Day at Little Flower College, Guruvayoor.
- Dr. Valsa M.A delivered a talk on 'Significance of Family Relations in Present Society' at YMCA onam celebrations at Guruvayoor on 26/08/2023.
- Dr. Valsa M.A delivered a talk on 'Anti-narcotic Activities for a Healthy Society' at Karunya FC Convent, Thrikkur for street ministry members on 03/09/2023.
- Dr. Valsa M.A delivered a talk on 'Mother Theresa Our Role Model' at Mother Theresa Charitable Trust Guruvayoor on 05/09/2023.
- Dr. Valsa M.A delivered a talk on 'Arts Festivals for Healthy Childhood' at St. Thomas CLPS Engandiyoor on 08/09/2023.
- Dr. Valsa M.A delivered a talk on 'Human Values and Divine Values' at Israel Kudumbakootaima, Guruvayoor on 10/09/2023.
- Dr. Hitha Paulson served as a resource person for the webinar on "Research Paper Writing: Techniques and Best Practices" organised by the Journal Club, Department of Statistics and Data Science, CHRIST Deemed to be University, Bangalore on 14/09/2023.

#### **Achievements**

- Dr. Mariamma Antony chaired a session in the eighth International webinar on 'Recent trends in Statistical Theory and Applications'-2023 (WSTA-2023), June 29-July 02, 2023 arranged by the Department of Statistics, School of Physical and Mathematical, Sciences, University of Kerala, Indian Society for Probability and Statistics (ISPS), KSA, and the Statistics Fraternity Kerala (SFK).
- Ms. Reely Raphael has served as the Subject Expert for the DD Guest Lecturer interview at MD College Pazhanji on 6<sup>th</sup> July 2023.
- Ms. Julie Dominic A chaired a session (online mode) in the National Seminar "Fiesta Foodways", organized by Carmel College Mala on 18<sup>th</sup> August 2023.

#### **Publications by Faculty Members**

- Sr. Dr. J.Bincy published a paper titled 'Education and Employment status of Disabled People in India" in Eastern Journal of Dialogue and Culture, UGC CARE List Journal. Jan-June 2023 Issue
- Ms. Ansa Tobby Cheeran published a paper titled 'The Socio Economic Inclusion and the Significance of Transgender- Special Kudumbasree Mission in Kerala' in International Journal of Research and Analytical Reviews on 03/09/2023.
- Sr. Teresa J Heloise published a paper titled "Reading of Zofia Kossak's Blessed are the Meek: Understanding Ethical Choices and Sustainable Peace" in TJES Vol XV Issue II April to June 2023 ISSN 0975-6302
- Dr. Sreeranjini K published a paper titled "Efficacy of Moringaoleifera leaf extract on growth of some vegetable" in 2023. Erudition: A research compendium. Little Flower College, Guruvayur, ISBN:978-93-87709-89-8
- Dr. Sithara K Urumbil published a paper titled "Phytochemical screening, biotoxicity and larvicidal property of three common allium sp. "in 2023. Erudition: A research compendium. Little Flower College, Guruvayur, ISBN:978-93-87709-89-8
- Dr. Mariamma Antony published the paper "Time Series Models with Generalized Geometric Linnik Marginals" in the Asian Journal of Statistical Sciences, Vol 3, No. 1 (2023) pp 57-60
- Ms. Silpa Anand S. published a paper titled "An Analysis of the Difficulties Faced in Depicting Climate Change in Fiction with Special Reference to Lorin R Robinson's Warming"in Teresian Journal of English Studies, July - September, Vol 15, Issue3, ISSN 0975-6302
- Dr. Thanuja A Mathew published a paper titled "Effect of juvenile hormone agonist on the accessory sex glands of male Spodoptera mauritia Boisd." "Online First" in www.entosocindia.org and indianentomology.org Ref. No. e23120 .September 2023 DoI. No.: 10.55446/IJE.2023.1120

- Dr.Swapana Johny published a paper titled "Evaluation of Butterfly Fauna of Ammadam, Thrissur, Kerala.", Dalie Dominic A. and Swapana Johny., International Journal of Ecology and Environmental Sciences 49: 443-446, 2023 ISSN: 2320-5199
- Dr. Swapana Johny published a paper titled "Reproductive biology of Amblypharyngodonmelletinusmuriyadensis an Ornamental Fish of the Western Ghats of India.", Dalie Dominic A, N.D. Inasu&Swapana Johny., Journal of Survey in Fisheries Sciences., 10(1S) 3464-3467. 2023
- Dr. Swapana Johny published a paper titled "Investigation on the Response of Ornamental Fish Etroplus maculatus to Anaesthetization for Live Fish Transport.", Dalie Dominic A, N.D. Inasu & Swapana Johny., Biological Forum An International Journal 15(3): 000-000(2023) ISSN No. (Print): 0975-1130; ISSN No. (Print): 0975-1130.Pp 1-5.
- Dr. Sr Steffy Francis published a book titled "Genus Premna: A Repository of Healing Biomolecules"
- Dr. Sr Steffy Francis published a book titled "Introduction to identification tools for genus Premna"
- Ms. Seenu Joy published a book titled "ELYSIAN" ISBN 978-81-959925-6-0









### Refresher courses / FDPs / Webinars participated

- Ms. Priyanka E.K. Completed a two credit course on 'Research and Publication Ethics' of 36 hours duration jointly conducted by the Department of Library and Information Studies and the Research and Development Cell of St Thomas College (Autonomous), Thrissur held during 18<sup>th</sup> May 2023 to 10<sup>th</sup> June 2023.
- Ms. Remya M.T. participated in the 7 Day National Level Online Faculty Development Program on Chat GPT and AI Tools for Educators, organised by Marian College, Kuttikanan (Autonomous) in association with The Kerala State Higher Education Council from 14<sup>th</sup> June to 21<sup>st</sup> June 2023.
- Dr. Mariena A.A. attended the 7 Day National Level Online Faculty Development Program on Chat GPT & AI Tools for Educators, organised by Marian College Kuttikkanam (Autonomous) in association with The Kerala State Higher Education Council from 14<sup>th</sup> June to 21<sup>st</sup> June 2023.
- Sr. Nisha C.D. attended the 7 Day National Level Online Faculty Development Program on Chat GPT & AI Tools for Educators, organised by Marian College Kuttikkanam (Autonomous) in association with The Kerala State Higher Education Council from 14<sup>th</sup> June to 21<sup>st</sup> June 2023.
- Mr. Jestin James attended the 7 Day National Level Online Faculty Development Program on Chat GPT & AI Tools for Educators, organised by Marian College Kuttikkanam (Autonomous) in association with The Kerala State Higher Education Council from 14 th June to 21st June 2023.
- Dr. Hitha Paulson attended the 7 Day National Level Online Faculty Development Program on Chat GPT & AI Tools for Educators, organised by Marian College Kuttikkanam (Autonomous)in association with The Kerala State Higher Education Council from 14<sup>th</sup> June to 21<sup>st</sup> June 2023.
- Dr. Neethu S. Arrakal attended a UGC Sponsored Refresher Course in Development Studies at Human Resource Development Centre, University of Calicut from 1<sup>st</sup> August to 14<sup>th</sup> August 2023.
- Dr. Swapana Johny participated in the Webinar on "Birding as a Tool for Biodiversity Conservation" conducted by IQAC, Sree Narayana College, Kollam, as a part of AGORA-2023 on 23<sup>rd</sup> September 2023 at Google Meet.
  - Dr. Hitha Paulson attended the Six day National Level FDP on "AI Trends and Industry Use Cases Contemporary and Future", Organized by the Department of Computer Applications, Federal Institute of Science and Technology (FISAT), Angamaly in association with TCS Kochi from 25<sup>th</sup> to 30<sup>th</sup> September 2023.

#### **Paper Presentations (Students)**

- Anjana P. of III DC English presented a paper titled "Food as a Means to Preserve Culture: An Analysis of Esther David's Book of Rachel" in the National Seminar organized by Carmel College, Mala.
- Bushara Naurin of III DC English presented a paper titled "Beyond Acceptance: Examining How Body Positivity Message Can Influence Unhealthy Behaviors" in the National Seminar organized by Carmel College, Mala.
- Marwa Faisal of III DC English presented paper titled "We are Cannibal Food: An Analysis of Food, Self Interest and Self Sacrifice in Bones and All" in the National Seminar organized by Carmel College, Mala.

# A Glance to Various College Activities

### Vidyodayam - Student Induction Program







ഗുരുവാത്യർ ഭിറ്റിൽ എവർ കോളതിൽ വായനകളുമിയുടെ ഉദ്ഘാടനം ഗുരുവായ്യർ ജെട്ടോ ദിർസ് ക്ലബ് പ്രസിഡർ്റ്റ് പി.മുരളിയാൻ എൽഎംർ കോളത് പ്രർത്സിപ്പൽ സിന്റേർ തിന്ന് മാതരാസിന് മെലാരു മരനാ മെ പത്രം നാർകി നിർവഹിക്കുന്നു. മെട്ടോ ദിർസ് ക്ലബ് എർ.സി. താഗം കെ.ആർ.പുന്നർ. പിത്യർ ഒ സി.വാസ്യാവാൻ, എർ.സി. താഗം സന്തോഷ് ഭാകർ, രവസ് പ്രസിഡർ്റ്റ് കെ.ബി.ക്ഷെത്ര, സെക്രട്ടറി ശി വിഷ്ട്ര സിനിൽ ക്ലെൻഡ് നിയിപ്പം മെട്ടോ ദിർസ് ക്ലയൻ പ്രസിഡർ്റ്റ് കെ.ജ് വി. സംഭവന്ന പ്രശ്നത്തി

Vayanakkalari - Inauguration

#### Refreshing Our Surroundings...



### **Onam Celebrations**



#### Fresher's Day - Neo Fiesta









#### **Extension Activities**







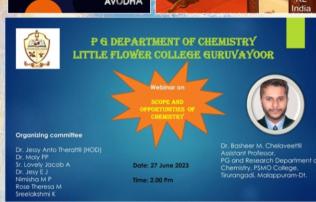
## Striving for Scholastic Supremacy

























# **Snapshots of Activities**

















# **OBSERVANCE OF SIGNIFICANT DAYS**

#### **World Environment Day**







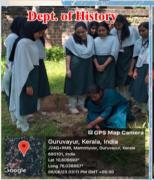








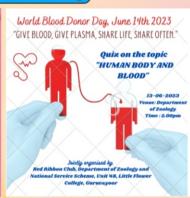






## World Blood Donor Day





#### **World Ocean Day**

#### **Anti Narcotic Day**





#### **International Yoga Day**



#### **Social Media Day**



#### **Reading Week**









#### **National Statistics Day**

#### Chartered Accountants' Day

#### World Paper Bag Day

#### Malala Dav









#### **Vanamahotsav Week**





### **Moon Day**



#### **International Day Against Drug** Abuse & Illicit Trafficking



Prize winning poster in the poster making competition conducted by Dept. of Botany

#### **World Population Day**

organising an interdepartmenta ION on the topic "FOREST" Date- 7 July 2023 nue: Botany Main lab Time- 1 pm

#### **International Day for Conservation of Mangrove Ecosystem**



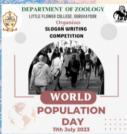
EPARTMENT OF COMPUTER APPLICATIO LITTLE FLOWER COLLEGE GURUVAYOOR

**E-POSTER COMPETITION** NATURE CONSERVATION DAY

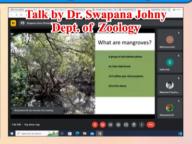
organizes

Theme- No War

- Ronald Reagan







#### **Nature Conservation Day**







## **World Tiger Day**





#### **Book Lovers Day**







## LITTLE FLOWER COLLEGE, GURUVAYOOR DEPARTMENT OF HISTORY

POLITICAL SCIENCE JOINTLY ORGANIZES QUIZ COMPETITION

ON INDIAN NATIONAL MOVEMENT

> Date: 16/08/2023 Time: 2.00 PM Venue: Room No 117

# **Independence Day**







#### Anti Ragging Week

#### **World Elephant Day**

#### **Folklore Day**



# Little Flower College Guruvayur

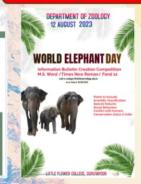
ANTI-RASSING COMMITTEE- 2023

Anti-ragging week 12th Aug to 18th Aug 2023

#### Programmes organising

- Introduction and orientation
- Exhibiting shortfilm and doccu on anti ragging
  Progammes like short presntations (skit) to
- create awareness on anti-ragging
  Competitions-Poster making on the theme
- 'Impact of ragging in campus'

  Logo desining on 'Antiragging'





#### **World Photography Day**









#### **World Sanskrit Day**









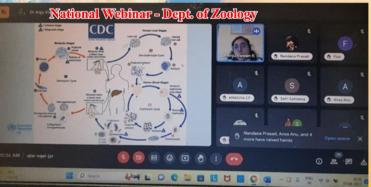






#### **World Mosquito Day**

### **Newspaper Carriers Day**







# **Hindi Day**



#### Teachers' Day



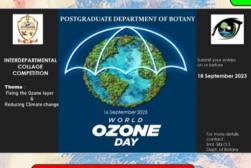






Read a Book Day

#### **World Ozone Day**









#### **World Alzheimer's Day**











# REACHING OUT... NSS ACTIMITIES























## **EXPANDING HORIZONS**













## **Library Club Activities**

















# SPORTS ACCOLADES

Little Flower Archery academy secured the first position in Artemis Archery Tournament held on 9th September 2023. Students of Little Flower College got 6 gold medals, 3 silver medals and 1 bronze medal



#### **Gold Medal Winners**

- 1. Ayshwarya A.V. Senior Indian Round
- 2. Aparna Junior Indian Round
- 3. Anamika Suresh Senior Recurve Round
- 4. Ashna Junior Recurve Round
- 5. Dakshina R. Junior & Senior Compound Round

#### **Silver Medal Winners**

- 1. Meera Krishna Junior & Senior Indian Round
- 2. Ashna Senior Recurve Round

#### **Bronze Medal Winner**

Neha Shameer - Junior Compound Round



# From the Weekend Class Students

Karoline got gold medal in mini compound round & selected as the Emerging Archer.

#### **Other Medal Winners**

Ardra - Gold in mini Recurve round Silver in junior and Bronze in Senior category

Minha Rahman - Silver in Mini Compound Round.

Joseph Pauly - Bronze in mini compound round

Jilna Joshy - Bronze in Senior Indian Round.



Our Academy Received the Over all Trophy for the champions with 8 gold, 5 silver and 4 bronze medals

Printed and Published by Rev. Sr. Dr. Jeesma Therese Principal, Little Flower College, Guruvayoor www.littleflowercollege.edu.in lfcollegegvr@gmail.com Ph: 0487 2556957 Chief Editor : Ms. Laly A.S. Asst. Professor Dept. of Physics