

VAIGA

NSS SEVEN DAY SPECIAL CAMP DECEMBER 2021-22

LITTLE FLOWER COLLEGE Guruvayur

26/12/2021 Day-1

The NSS Seven Day Special Camp conducted by NSS Unit:048, Little Flower College Guruvayur began at afternoon 3 PM on 26/12/2021. After the registration, parents went back to their home, entrusting their children in safe hands. At 5 PM a rally announcing the commencement of the camp went out of the college. It was flagged off by college Principal Rev. Dr. Sr. Valsa M A.



The Volunteers marched through Ward no:16 and they distributed invitation letters.



In the evening an interesting session was organised under the leadership of a previous NSS volunteer of our college Akhila Maria. She shared her camp experiences and her views about being a good volunteer. The session became more interesting with her

games and activities.



The programs for the day was winded up after dinner

27/12/2021-Day 2

The second day of camp began at sharp 5 AM. For a healthy mind and body Yoga practice is very important. The activities of Day 2 began with a Yoga session under the leadership of NSS Volunteer Megha.



27-Dec-2021 6:19:55 am
State Highway 50
Mammiyoor
Guruvayur
Thrissur
Kerala

At 9AM, The Seven Day Special camp of our NSS unit was officially inaugurated by Thrissur Assisi Province Superior Sister Little Mary. College Principal Rev. Sr. Dr. Valsa MA delivered the keynote speech. Anjali M was declared as the camp leader. PTA Executive member Shri. Seeban Sir delivered a greeting speech for the camp. Program Officer Dr. Annam Sini welcomed everyone to the occasion. Camp leader Anjali M said the Vote of Thanks.



27-Dec-2021 8:55:08 am
State Highway 50
Mammiyoor
Guruvayur
Thrissur
Kerala

Under the leadership of camp leader Anjali, every volunteers took the anti-drug pledge. The pledge was a commencement for the activities of 'Sparsham-2021'. It was jointly conducted by NSS, Kerala Government and Kerala Excise Department.



Sr. Roslin took a class on the topic 'How Drugs shatter family relationships'. Volunteer Akshaya Madhusoodhanan Welcomed everyone to the occasion. Volunteer Sreelakshmi

S delivered the Vote of Thanks. Sister made us understand how drugs become a villain in our family.



As part of 'Sparsham-2021' a rally and street play was organised by NSS Volunteers. The rally that started from our college reached 'Mooppan Colony'. At the colony Chavakkad Janamaithri Police Officer Soudamini mam spoke about women safety and the adverse effects of drug consumption. She shared some relevant experiences from

her 18 years of service in the Kerala Police Department.



The rally was winded up by a street play by volunteers on the topic of drug addiction and its adverse effects.



The Cultural event was very colourful with the various programs organised by the volunteers. The second day was over after this beautiful cultural event.



28/12/2021-Day3

Day 3 began at 5:30AM. The activities began with the routine Yoga practice.



In the following assembly report, newspaper and thought for the day were presented.



At 10 AM a class was conducted by Bijith Sir, Thrissur District Coordinator and Assistant Development Commissioner of 'Shuchithwa Mission' on the topic 'The role of youth in building a clean Kerala'. The wastes produced in the contemporary society, their adverse effects, how can these waste be turned into useful materials, all these came as a topic in the discussion. The session was very useful for each and every volunteer.



Spreading the idea of 'A Garbage free Kerala', a survey was conducted in the wards 16 and 36. It was coordinated by Guruvayur Municipality and the NSS unit of Little Flower college Guruvayur. The team of volunteers visited houses in these wards and collected information



In the afternoon an interactive session was conducted by Dr.Sr.Roslyn. Various states of the human psyche and the related issues and their control were discussed in the session. The session was very interactive and interesting.



After the session Sisters from our convent visited the volunteers and distributed gifts. Volunteers shared their sweet memories of the camp. A cultural event was followed under the leadership of group 4. They conducted various contests. The program was really engaging. The third day of the camp came to an end after the cultural event.



29/12/2021-Day4

Day 4 of the camp started at 5AM. For a healthy mind and body Yoga is inevitable. A yoga practice session was organised under the leadership of NSS volunteer Megha.



Assembly began at 7AM sharp. Previous day's newspaper and report were submitted in the assembly. The assembly was winded up with the National Anthem.



The NSS Volunteers set out to 'Peringad Library' under the leadership of Neethu miss, Assistant Professor, Department of Economics. Volunteers took part in the programs organised by the members of 'Nehru Yuva Kendra' and 'Devasurya Kalavedi' in Peringad Library.

At 10AM the program began with the welcome speech of Binci Mam, District Youth officer and Secretary Nehru Yuva Kendra.

The inauguration of 'Government of India, Ministry of Youth Affair and Sports Nehru Yuva Kendra Thrissur, Training of Youth on Clean Village Green Village' was done by Municipal Council Standing Chairperson Bindu Ajith Kumar.



Neethu S Arakkal Assistant Professor, Department of Economics, Little Flower College did the felicitation. After the vote of thanks of rajesh sir the programs began.

The first session was on 'Clean Village Green Village'. It was conducted by Sreedharan Sir, Secretary, Jala Raksha-Jeeva Raksha. The class was really useful and engaging.



After a small leisure, a really unique and interesting session was carried out by Bastin Sir, a soft skill trainer. The session went quite brilliant with a variety of games and informative activities. NSS volunteers Anjali and Nandhana thanked sir for an amazing session.



In the evening at about 4PM Nehru Yuva Kendra members and NSS volunteers planted chilly saplings in grow bags.



The volunteers did their part very efficiently in the activities. At 5PM the programs conducted under the leadership of Nehru Yuva Kendra were winded up and the volunteers returned to the college.

As usual, the cultural event was very colourful. After the event the activities of day 4 were over.



30/12/2021 Day-5

The vibrant Day 5 began with the Yoga session. The session was headed by volunteer Ansiya Rooby



The Assembly after yoga witnessed the presentation of newspaper and the discussion of the thought for the day.



After the breakfast, a class was conducted under the leadership of fasna Mam, Volunteer Nehru Yuva Kendra. The session was very inspiring to every NSS Volunteer.

The involvement of various games in the session made it more interesting.



After lunch, some of the volunteers went out for cleaning the premises of the court and remaining others went for the survey of vaccination drive. While cleaning the premises an Advocate captured the same in a mobile phone and shared it on social media. It was very inspirational to the volunteers.



In the evening a session for Taekwondo was organised. The session included self defense moves. The class was very useful.



After Taekwondo classes volunteers prepared themselves for the upcoming survey. The day came to an end with a cultural event.



31/12/2021 Day 6

The sixth day of the camp started with the usual Yoga practice. In the assembly conducted in the afternoon, the previous day's newspaper and report was presented. Thought for the day was also introduced.



After breakfast, a class on the basics of farming was conducted by Seeban sir, PTA executive member. Being a farmer, his experiences in farming was really an asset to the class. He introduced his farming methods and discussed the new generation who shows reluctance in involving in farming.



After the session, some volunteers set out for the village office to plant vegetables in the premises. The remaining volunteers went out for 'vaccine drive' survey.

After the survey and farming a very relevant session was conducted on the topic 'Are men and Women equal?'. The session was filled with many contradictory opinions and debates.



After the session, the volunteers were getting ready to welcome the new year. The New Year celebrations were inaugurated by Sithara Miss, Assistant Professor, Department of Botany. She inaugurated the event by cutting a cake. The Volunteers

welcomed the new year with laughs and love.



1/01/2022 Day-7

The last day of camp started with Yoga. In the following assembly newspaper was published and thought for the day were presented.

The concluding ceremony of camp started at 10AM. It was inaugurated by Ward Counselor Shanthakumari Teacher. The college principal presided over the function. Dr. Annam Slni, program officer delivered the welcome speech and NSS secretary Anjali AP gave the Vote of thanks. The camp report was presented by camp leader Anjali M. Camp magazine was published in the function by College principal and Ward Counselor Shanthakumari Teacher. The volunteers shared their experiences from the camp.



01-Jan-2022 10:02:46 am
State Highway 50
Mammiyoor
Guruvayur
Thrissur
Kerala



01-Jan-2022 10:33:44 am
State Highway 50
Mammiyoor
Guruvayur
Thrissur
Kerala



We hereby show our gratitude to the College Principal, Shanthakumari Teacher, Program Officer Dr. Annam Sini Miss, all other teachers and volunteers of Nehru Yuva Kendra for making this camp a big success.