

# LITTLE FLOWER COLLEGE GURUVAYOOR









**NEWS LETTER 2021 - 2022** 

ISSUE 2 - January 2022

"Bless the LORD, O my soul, and forget not all His benefits" (Psalm 103:2)



Rev. Sr. Dr. Jeesma Therese (Valsa M A) Principal

Hearty greetings from Little Flower College, Guruvayoor.

When this Assisi Newsletter unfurls it's petals, it spreads out the account of all curricular and co-curricular activities of the term 1 October 2021 to 31 January 2022. Even though the college was active all throughout the pandemic period, we were anxiously awaiting for the enlivening presence of our students here. The institution regained it's life in full fledge once more, after a long break created by the pandemic COVID 19 from 4th October 2021 onwards. Little Flower College thrives with the presence of her students and their cheerful noises all around. The campus is back to its active involvement in curricular and co-curricular activities

again and no doubt, they make it a legacy with their dedication and commitment. As always, our students performed their best in university exams during those hard times too. We are proud to have many of our UG students positioned in the UG rank list published by the University and is anxiously awaiting for the PG ranklist. The institution is proud to see her students excel in various fields following its history.

This Assisi Newsletter picturizes all the remarkable activities of the term and hearty congratulations to all on your achievements and hardwork

### MOMENTS OF GLORY

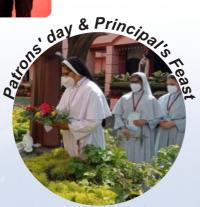


Guruvayur YMCA applauded Little Flower College on achieving an A+ in NAAC accreditation and becoming the municipality's pride and joy. Guruvayoor Municipality Vice Chairperson Smt. AneeshmaSanoj attended the felicitation meeting conducted at LF College Auditorium. Principal Rev. Sr. Dr. Valsa MA was honoured during the occasion. The meeting was chaired by YMCA President Joju George. Lawrence NK, CA Lamgos, Pauly Guruvayur, Jose Lewis, Thomas Vakayil and George Paul led the way.

Adharaneeyam by YMCA



Newly Elected Provincial Superior and Manager of Little Flower College, Guruvayoor Rev.Sr.Little Mary, Education Councillor Rev Sr.PhiloJees, former Principal of Little Flower College, Guruvayoor





When dreams come true.. NAAC reaccreditation certificate being publicized by the Principal and the NAAC committee - Principal Dr. Sr. Valsa M.A., Vice Principal Dr. Sr. Sheeba A.C., Ms.Julie Dominic, Ms. Esther Mani, Ms.Silpa Anand (NAAC Co-ordinators), Ms. Hitha Paulson (IQAC Co-ordinator) Dr. Swapana Johny, Dr. Thanuja A Mathew, Dr. Sreeranjini K., Ms. Rose Paul, Ms. ReelyRapheal, Mr. Jestin James (Criterion heads) A great applause to the entire team....

### CONGRATULATIONS



Lt. Mini T.J Associate NCC Officer Completed Three-month Pre Commission Course (PRCN) at the NCC Officer's Training Academy (OTA), Gwalior



BEST PAPER AWARD: Dr. Sithara K Urumbil, Assistant Professor, Little Flower College, Guruvayoor won the best oral research paper presentation award in the International Virtual Conference on Plant Physiology and Biochemistry Organised by the Department of Botany, FathimaMatha National College, Kollam on 19th and 20th January, 2022

### **BEST SPEAKER AWARD**



Dr. Justin P.G, Assistant Professor, Department of Sanskrit, receiving cash award from Revenue Minister Sri K Rajanfor winning the International Speech Contest conducted by KLM Puthur on 8th December 2021



Dr. Justin P.G, Assistant Professor, Department of Sanskrit won the best speaker award in the State Level Speech Contest on Gandhian Philosophy organized by Human Rights Protection Mission at Newman's College Thodupuzha 13thOct 2021

### **RANK HOLDERS IN THE YEAR 2021**



Athulya Joy **B.Sc Mathematics** 





B.Sc Chemistry B sc Computer ScienceBA Multimedia





**B.A Malayalam** 



Ninu C. Sison **BA English** 



Aswathy KS B.Sc Chemistry 10<sup>th</sup> Rank











BA Malayalam 15<sup>th</sup> Rank





16th Rank





**B.Sc Mathematics** 



Sruthi A B.Sc Computer Science 5<sup>th</sup> Rank







B.Sc Zoology

### **IEXTIENSION LECTURES**

- 1. Dr. Sr. Valsa M.A delivered an extension lecture on the topic "Tips For Success" for the students of Holy Cross Church, Arthat on 05-12-2021.
- 2. Dr. Sr. Valsa M.A inaugurated the community living camp and delivered a message to B Ed students of St. Joseph's Training College, Pavaratty.
- 3. Mr. Rijo George, Assistant Professor, Department of Multimediaserved as a resource person in the Online Photography Exhibition conducted by the Department of Zoology on 08-10-2021
- 4. Ms. Priyanka E K, Assistant Professor, Department of History delivered extension lectures for the students of School of Internal Security, Defence and Strategic Studies of RashtriyaRaksha University on 21-10-2021, 22-10-2021, 23-11-2021.
- 5. Dr. Lali Thomas Kotturan, Associate Professor, Department of Chemistry delivered an extension lecture Kick off to Chemistry Journey-Introduction to Chemistry" at Ansar Women's College, Perumpillay on 26.10.22
- 6. Ms. Julie Dominic A. Assistant professor and Head of the Department of English delivered an extension lecture on the topic Between Life and Death: Reflections on Illness Narratives at ST. Aloysius College, Elthuruth on 29-10-2021







- 7. Ms. Annroopa Jacob served as a resource person for a webinar "New Dynamics in Higher Education" on 11th November, 2021 organized by Department of English in association with Institution's Innovation Council, Vimala College (Autonomous), Thrissur as part of National Education Day.
- 8. Ms.Hitha Paulson Assistant professor, Department of Computer Science, handled the one day workshop for teachers 'Enrich your research Article' conducted by the Department of Computer Science on 03-12-2021
- 9. SwapanaJohny, Assistant Professor and Head of the Department of Zoology, Little Flower College served as the resource person in the webinar "Let us Renew the Fight to End HIV" organised by Red Ribbon Club, Department of Zoology and NSS unit, Little Flower College, Guruvayoor on 08-12-2021
- 10. Ms. Julie Dominic A. Assistant professor and Head of the Department of English delivered a talk on the topic Unlearning Female Body: An Interrogation with Illness Narratives at ST. Aloysius College, Elthuruth on 16-12-2021
- 11. Dr. Justin P G-Served as a Resource person and delivered a talk on Contributions of Melputtur Narayana Bhattapada to Sanskrit Literature in the webinar organized by Higher Secondary Sanskrit Teacher's Forum on 23-01-2022.

### **PUBLICATIONS:**

- 1. Sr. Teresa J. Heloise, Assistant Professor, Department of English published An anthology of poems, titled "Looking for Light"
- 2. Sr. Teresa J. Heloise Assistant Professor, Department of English translated a book on Mother Nobert, titled "Friend of the Crucified"
- 3. Dr. Roy Mathew M., Assistant professor, Department of Malayalam edited the book "Malayalam BhashayumSamskaravum Essays by Prof. P. Narayana Menon", Published by Kerala SahityaAkademi, Thrissur

- 4. Dr. Jesy E J, Assistant professor, Department of Chemistry published a book "Biochemical Studies on WrightiaTinctoria and its medicinal applications"-Lambert Academic Publishing ISBN 978-620-420938-8
- 5. Research Article: Ms. Julie Dominic A, Unlearning female body through the voices of struggle in women cancer narratives, International Journal of Creative Research Thoughts, ISSN NO.2320-2822.
- 6. Dr. Roy Mathew M., Assistant professor, Department of Malayalam published aarticle "Arnos PadiriyumMalayalavum" in the book "Arnos Padiri MalayalathinteSuryathejas" Malayalam Essays, Published by Arnos Padiri Academy, Thrissur
- 7. Dr. Justin P.G., Assistant professor, Department of Sanskrit published article "Samskrutha Bhashayude Kavadam Lokathinu Thurannu Kodutha Maharadhan"in the book "Arnos Padiri MalayalathinteSuryathejas" Malayalam Essays, Published by Arnos Padiri Academy, Thrissur
- 8. Vth Semester Botany Open Course Text book Applied Botany, Dr. K.K. Bhaskaran and Dr. Sreeranjini K. (Assistant Professor, Department of botany), Manjusha Publications, Calicut

### **ACHIEVEMENTS**

- 1. Ms. Julie Dominic A achieved Diploma in Tribals of South and Central India from IGNOU University
- 2. Dr. Esther Mani, achieved Diploma in Tribals of South and Central India from IGNOU University
- 3. Sr. Dani C. Francis, achieved Diploma in Tribals of South and Central India from IGNOU University
- 4. Dr. Mariamma Antony chaired a session in the Seventh International Conference on Statistics for Twenty-first Century 2021 (ICSTC-2021), 15-19 December, 2021 organised by International Statistics Fraternity (ISF) and Department of Statistics, University of Kerala, Trivandrum
- 5. Ansar Women's College Perumpilavu, Paramarsh Mentee college of Little Flower College accredited with A Grade with CGPA 3.2

### **PAPER PRESENTATIONS:**

- 1. Dr. Sr. Valsa M.A Presented a paper titled "Gender Equity in Homes in Central Kerala" in the two day International webinar on "Gender Equality in Kerala- Revisiting Arnos Padiris Contributions to Language and Literature" hosted by the PG and Research Department of Malayalam, Little Flower College, Guruvayoor in collaboration with Arnos Padiri Academy, Velur on 10th& 11th October, 2021.
- 2. Ms. Julie Dominic A. Assistant professor and Head of the Department of EnglishPresented a paper titled Interventions of quests and conquests of life in cancer narratives by four Indian women survivors, Southeast Conference of the association for Asian studies on 15TH January 2022

#### ONLINE COURSES/WORKSHOPS PARTICIPATED

- 1. Ms. Julie Dominic A., Assistant professor, Department of English completed online course BGSE-001 : Gender Sensitisation: Society Culture and Change under the University of IGNOU
- 2. Ms. Esther Mani, Assistant professor, Department of English completed online course BGSE-001: Gender Sensitisation: Society Culture and Change under the University of IGNOU
- 3. Sr. Dani C. Francis, Assistant professor, Department of English completed online course BGSE-001 : Gender Sensitisation: Society Culture and Change under the University of IGNOU
- 4. Ms. Priyanka E K. Assistant professor, Department of HistoryCompleted 6 days online workshop on "Resources For Research, Journal Selection and Research Productivity" conducted from 18-23 December 2021 by Research Development Cell, Providence Women's College, Kozhikode in association with Lore & ED Research Associates.
- 5. Ms. RemyaM.T.Assistant professor, Department of HistoryCompleted 30 days international online workshop on Academic Writing and Communication Skills, Research Methodology, Reference Management, and Academic Publishing conducted from 23rd November to 31st December 2021 by National Institute of Physical Medicine and Rehabilitation in association with Mahathma Gandhi University library, Kottayam & Lore & ED Research Associates.
- 6. Ms.LalyA.S.,Assistant professor, Department of Physicscompleted online one week faculty development programme on Advanced pedagogical Techniques Conducted by TLC, Ramanujan College under PMMMNMTT scheme of Ministry of Education from 28-11-21 to 04-12-2021.

- 7. Dr. Justin P.G., Assistant professor, Department of Sanskrit participated in UGC Sponsored Refresher Course in Sanskrit organized by SreeSanskaracharya University of Sanskrit, Kalady
- 8. Dr. Justin P.G., Assistant professor, Department of Sanskrit completed Basic Course in Counseling organized by Skills Thammanam from 27/9/2021 to 16/11/2021
- 9. Dr. Justin P.G., Assistant professor, Department of Sanskrit participated Five Day International Faculty Development Programme on Soft Skills organized by St. Joseph's College Thiruchirapilly ,Thamilnadu from 08/11/2021 to 12/11/2021.
- 10. Dr. Swapana Johny attended Eight Days International author workshop on "Academic Writing and Publishing" in collaboration with the renowned publishers (Elsevier, Taylor and Francis, Cambridge University Press, Springer Nature, Brill, Oxford University Press, Emerald, and Wiley) held during 21-29 October 2021 organized by Manipur University Library.
- 11. Dr. Swapana Johny has participated in the workshop 'Basic Bioinformatics: Tools & Techniques' by Ms. Sona Charles, Scientist, ICAR-IISR organized by PG & Research Department of Zoology, St. Joseph's College (Autonomous) Devagiri, Calicut, Kerala, India on October 21st & 22nd, 2021

### WEBINARS PARTICIPATED

- 1. Dr. Sr. Valsa M.A Participated in National Webinar on "Own Your Story- How to kickstart your journey as a successful Womanpreneur" organized by Institutions Innovation Council, Little Flower College, Guruvayoor on 27-11-2021.
- 2. Dr. Sr. Valsa M.A Participated in the International WEBINAr on "Brain Inspired Computing" organized by the Department of Computer Science of Little Flower College, Guruvayoor on 26-10-2021.
- 3. Dr. Justin P.G. Participated National Webinar on Relevance of Kalidasa Literature in the present scenario on 19th Oct 2021
- 4. Dr. Justin P.G. Participated Webinar on Moments and Emotions of Wilderness organized by Dept. of Zoology Little Flower College, Guruvayoor on 12th Oct 2021.
- 5. Dr. Swapana Johny attended Satellite Conference of Society for Alternative to Animal Experiments -India Organized by Department of Zoology, Guru Ghasidas Vishwavidyalaya, Koni, Bilaspur (C.G.) on November 27th, 2021.
- 6. Dr. Swapana Johny has participated in the Webinar on Prospects in Aquaculture and Fisheries organized by the Nature Club of Government Arts and Science College Elanthoor and Government College Kottayam on 21.11.2021 in accordance with World Fisheries Day.
- 7. Dr. Swapana Johny has participated in the National webinar on "Own Your Journey How to kick start your journey as a successful Womanpreneur" organized by Institution's Innovation Council (IIC), Little Flower College, Guruvayoor, on Saturday 27th November 2021

#### **EXTENSION ACTIVITIES**







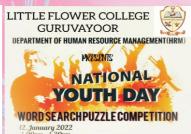
Distribution of LED bulbs assembled by the students in Moopen Colony, Mammiyoor

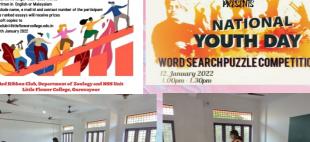


### **OBSERVANCE OF SIGNIFICANT DAYS**

### National Youth Day







### International Teachers' Day











### Keralapiravi





Release of Manuscript "Historia" Prepared by the students of History Department

### National Education day









### National Constitution Day











### National Girl Child Day



on IMPORTANCE OF FEMALE, EDUCATION, HEALTH AND NUTRITION

24 jan 2022

SUBMIT THE DRAWING BEFORE-5.00 PM, 25 JAN 2022

Drawings to be send to: 9444506036



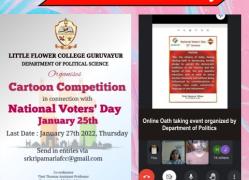




### X mas



### National Voters day







### World Computer Literacy week

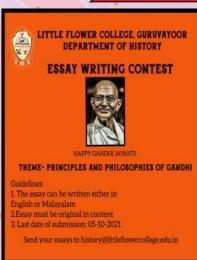






In connection with World Computer Literacy week, Department of Computer Science & Application organized one-week celebration for computer literacy awareness.

### Gandhi Jayanthi

















### Azadi ka Amrithavarsh







National Tourism Day



Martyrs' Day



World Students' Day

Paying tribute to Mahatma Gandhi on his 74th death anniversary - Department of History

George Orwell Day

DEPARTMENT OF ENGLISH

**QUIZZARDS** 

TOPIC : ANIMAL FARM

JANUARY 21st 2022

### Kindness day



### World Food Day



### World AIDS Day





International Day for The Elimination

DEPT. OF MATHEMATICS LITTLEFLOWER COLLEGE, GURUVAYOOR

### SUDOKU CHALLENGE

IN CONNECTION WITH NATIONAL MATHEMATICSDAY CELEBRATION 22 DECEMBER 2021 TIME: 12.00 NOON

International Volunteer Day for **Economic and Social Development** 

INSTITUTION'S INNOVATION COUNCIL & **DEPARTMENT OF PHYSICS** LITTLE FLOWER COLLEGE, GURUVAYOOR



**WORKSHOP ON LED BULB MAKING** 

In connection with Energy Conservation Day 2021

e: 10th December 2021 Venue: Room No. 38 Time: 1.30pm

Dr Haisel Mathew Dept. of Physics

Ms. Anne Jos M IIC Innovation Activity Coordinator

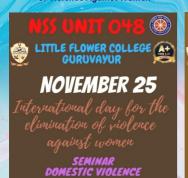
Ms. Alphy Jose **IIC Coordinator**  Dr. Sithara K Urumbil IIC Convenor

Dr. Sr. Valsa M A Principal & IIC President

of Violence Against Women

World Day of War Orphans

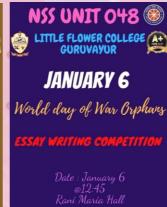
### Malayala Bhasha Varaacharanam



Date : November 25 @6:00 pm On Google Meet



International Volunteer Day





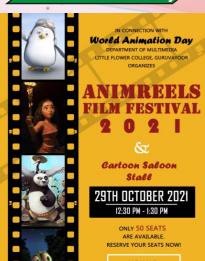
### **National Pollution Prevention Day**







### World Animation Day



### Sports Day



### Freshers day



### **CLUBS & CELLS**

### **Campus Ministry**



### Rotract club



### Entrepreneurship Development Club





### Womens Cell





new year celebration







NSS camp









### NSS

### ദേവസൂര്യയിൽ ശുചിത്വ ഗ്രാമം, ഹരിതഗ്രാമം പരിശീലനം

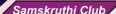
ഗുരുവായുടെ ലാത്രംയ പെട്ടും ഹകരണത്തോടെ ശുചിത്വ ഗ്രാമാ-ഹരിതഗ്രാമം ഏകദിന പ രീശീലന പരിപാടി സാഘടിപ്പിച്ചു. ഗുരുവായൂർ നാരസഭ സ്ഥിരാം സമിതി അധ്യക്ഷ ബിന്യ അജിത് കുമാർ ഉദ്ഘടനം ചെയ്തു. ലിറ്റിൽ ഫ്ളവർ കോ ളേജ് അസിപ്രോഫസർ നീതു അറക്കൽ അദ്ധ്യക്ഷത വഹി ച്ചു. വി.കെ.ശ്രീധരൻ, ബാസ്റ്റ്യൻ ജോസ്, റാഫി നീലങ്കാവിൽ





NCC

### Institutions Innovation Council Samskruthi Club



Adukkalathottam











### **PTWA**



PTWA Executive Committee: Dr. Valsa M.A (Principal), Mr. Seban V.K. (Vice President), Mr. P.K.Musthafa, Ms. Sreevidhya K.K., Mr. Subramanian T.K., Mr. T.S. Nisamudeen, Dr. Sr. Sheeba A.C., Ms. Anju S Mattom, Dr. Sr. Mariena AA, Dr. Sr. Vineetha George (Members)



### Awareness Programmes - Webinars, Seminars, Debate etc.





Little Flower College

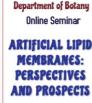
Guruvayoor

Organizes









Little Flower College,

Guruvauur

Date: 07-01-2022 Time:7:00pm to 8:30pm online Google meet: meet.google.com/wyg-trok-uqp

5 to 6.30 PM

Via Google Meet Platfor

Convenor Dr Sreeranjini K Coordinator Dr Sithara K Urur Mrs Ramya M Mrs Ribi Jose P Sr Steffy Francis

Contact us: botany®littleflowercollege.edu.i





IN ASSOCIATION WITH APEX ACADEMY, KOCHI ORGANISES A WEBINAR

INVESTOR AWARENESS PROGRAMME - FOR WOMEN





DATE: 23.10.2021 (Saturday) TIME: 10.00 AM TO 11.00 AM Platform: Zoom

TOPICS:

Dr. Sr. Valsa M. A. (Principal)

Ms. Silpa S Anand (IQAC Co-ordinator)

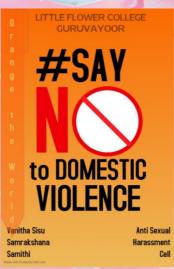


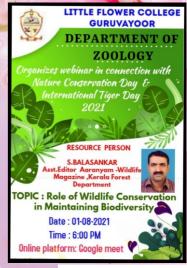






An awareness class on the importance of women becoming selfreliant organized by Thrissur unit of the Field Outreach Bureau of the Union Ministry of Information and Broadcasting



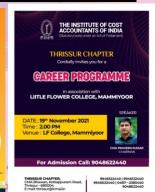




Job orientation programme by ICICI Prudential Life Insurance, Guruvayoor in collaboration with Department of Commerce















# **Glimpses of Victory**

- Hridya A S (II B.Sc. Zoology) secured Firstprize in Poster making competition organized in connection with National Pollution Control Day by IIC of Little Flower College, Guruvayoor in collaboration with Dept. of Physics.
- JUO Anina Elizabeth selected for EBSP camp on 23 November 2021
- In connection with NCC day and cadet Anaswara EM, cadet Manjima KV, cadet SanikaPappachanand cadet JestaMariya from second year and cadet Akshaya PS, cadet Nandhana TP and cadet Devika MR participated in National level online interaction session on 'How to develop the leadership qualities during school and college times'.
- Vismaya Dinesh Kumar (I BCA), Sajitha T.S(I B.Sc C.S) Anjana K.L(I BCA) secured first, second and third placerespectively in the Speech competition jointly organised by departments of Computer Science & Computer Application on the topic "Pros and Cons of Ewaste management" in connection with World Computer Literacy week
- Sreelakshmi T.S (I B.com), Marwa Faisal (I BA English) and Fathima Mehjooba (I B.com) secured first, second and third
  place respectively in the "Essay and Slogan Writing Competition" organized by Department of Commerce
- Winners of Destination drawing competition conducted by the department of Bvoc Tourism and Hospitality management On 29 November 2022, 1st :DrishyaSanthosh, Bsc Computer science, 2nd :Sreelakshmi O.S (Bsc Chemistry) & AnjanaManikandan (BA Multi media), 3rd :Fathima VN (Bvoc THM) & Mahitha Mohan (English)



Neetu of BA III year Malayalam presenting a portrait drawn by her to the Chief Minister



Ms. Anjana Lakshmi A. B, II Sem Chemistry and Ms. NahadaMajeed V, II SemM.Sc Zoology secured second position in the Regional Level Quiz Competition conducted in connection with the awareness campaigns on HIV/AIDS, Tuberculosis and Blood Donation through Red Ribbon Club







Kerala Olympics district meet





Aditya I UG Multimedia secured Gold medal in Malapuram District Olympic Games Association Weight lifting Competition 2022

## Sports





ana Vinod



Athulya



Elisubha Ro



.....



Anamika Sures

Inter collegiate Archery Runners up Jan 8th and 9th Inter collegiate archery championship at Sahrudaya College kodakara

#### 1 11 .

- Gold medalists
- 2.Elisubha Roy(Ernakulam)
- 3.Anjana Vinod(palakkad)
- 4. Athulya Soman(Idukki)
- 5. Anagha Das(Kozhikode)
- 6.Anamika Suresh(Kannur)

#### Silver medalist

- 1. Athullya Ajayakumar (Ernakulam) 1. Anandhi T.M(Thrissur)
  - Bronze medalists:-
  - Ayshwarya AV(Thrissur) 2.Diya Mariya(Thrissur)



Archery Senior national championship at Jharkand



Sahara P.V Botany 3rdyear Malappuram district Olympic Games association Tackwondo competition 2022 first prize and District Association silver medal