

Dr. Valsa M A (Sr. Jeema Therese)
Mary Rani F C Convent
Amala, Thrissur
Mob: 8943775595
Mail ID : Jeesmaantony1@gmail.com



PERSONAL PROFILE

Date of Birth : 20-05-1968
Gender : Female
Marital status : Religious
Nationality : Indian
Religion : Christian, R C

PROFILE

Completed M.A from Sri.C.Achuthamenon Government College,Thrissur with 4th Rank in Calicut University. Completed B.Ed from Gandi University . Qualified NET and SET . Finished Minor Project on the topic " Historical Importance of Megalithic monuments in Thrissur District". Doing Ph.D in Calicut University.Presented Seminar papers in National and International conferences. Published Research papers in Peer-reviewed journals and ISBN books. Served as NSS Programme Officer for Three and a Half years and SSP Co-ordinator for 2 years. Served as head of the Department of History from 2016 to 2020, Vice Principal of Little Flower College, Guruvayoor from 01-04-2019 to 30-04-2020 and administered the college as principal from 01-05-2020 to 31-05-2024.

EDUCATIONAL QUALIFICATION

- Ph. D
- M.A. History
- B.Ed
- Diploma in Theology
- SET & NET

WORK EXPERIENCE

- 5 years in School
- 10 years as HSST
- 16 ¹/₂ years in Little Flower College, Guruvayoor

PERSONAL STRENGTH

- Leadership, Creativity, Honesty, Decision –making, Sincerity, Empathy , Self-discipline .

AWARDS

- Global Excellence Award by Economic Growth Foundation for outstanding and remarkable Role in Chosen Field of Education on the occasion of National Summit on Globalisation of Economic and Social Development on 13th April 2023.
- Awarded Distinguished Women Researcher in History for the contribution and achievement in the discipline of Humanities and Social Sciences by Venus International Foundation.
- Vanitha Ratna Puraskar Awarded by YMCA Guruvayoor on 8th March 2024.

AREA OF INTEREST

- Kerala History and Culture

RESEARCH PROJECTS

- MRP- 2011-2013 - (Historical Importance of Megalithic Monuments in Thrissur District)

LANGUAGES KNOWN

- English
- Malayalam

PAPER PRESENTED : 32

PAPER PUBLISHED : 23