

NSS activities of the year 2014-15

NSS activities of the year 2014-15 was inauguration

NSS activities of the year 2014-15 was inaugurated by Mr. K. N. Ramesh NSS District Coordinator with a talk on “NSS and personality development”. It was quite inspiring to the students. He explained to the students how to be a NSS Volunteer in life. NSS formed the students mind to be a volunteer in their whole life. Principal Dr, Sr. Treesa Dominic presided over the function. Students shared their dreams as a NSS volunteer



World environment Day

The NSS Unit of our college is decorated with robust vivacious, meticulous and dedicated students. The activities of the year began with the observation of World environment Day the NSS volunteers planted seedlings at shanthitheeram beach chavakkad in collaboration with chavakkad municipality and Harithasree project of Kerala forest department.



Vayanavaaram

In relation to Vayanavaaram akshari brasooka was arranged in the college portico. It gave an opportunity to the students to write down their favourite Malayalam words which are not in use. Rev. Sr. Jeema gave an inspiring talk on the importance of reading on 19th of July 2014. Various competitions like vayanamalsaram, Malayalam literary quiz, Kavya melam were organised and the concluding ceremony of the Vayanaavaaram was pre-arranged in CRUP school kottappady.



Vanamaholsavam

NSS unit set a vegetable garden in the precincts of the college memorializing Vanamaholsavam. A talk on Green Kerala was presented by Rev. Sr. Vincy Tom HOD of the department of Botany. The NSS volunteers participated in the seminar at St. Thomas College Thrissur on 23rd July in relation with Green Thrissur project.



Introductory talk

An introductory talk was given to the new volunteers by Ms. sobhitha Joy, Assistant professor in Malayalam. The NSS volunteers also participated in the seminar conducted by the NSS district coordinator Mr K N Ramesh. ASAP orientation programme was organised for the first year degree students on the 21st August 2014

Sadbhavana day

The legal services Cell conducted a topic on anti ragging on 27th August 2014. Sadbhavana day was observed with a topic on public speaking by Sr.

Dany Francis Assistant professor in English. The spirit of social awareness was spread among the students through the socially aspiring programme.

On 2nd October, being Gandhi Jayanthi was a working day all the students gathered in the auditorium and took this oath to clean India and to make India clean. NSS volunteers planned many activities to be a part of the cleaning mission. As a part of this cleaning mission, NSS volunteers and other students clean the various part of municipality such as KSRTC Bus stand, railway station, Taluk hospital, nearby roads etc (no photo)



World Aids Day Pledge by NSS Unit 048 on 01-12-2014

World AIDS Day 1st Dec 2014 was observed with an awareness seminar oath taking. The seminar was presented by Dr. Sr. Merley Madakkai, physician, St. Antonies Mission Hospital. The seminar enlightens the students with knowledge about the acquired immune deficiency syndrome, and its cures. The seminar highlighted the message “prevention is better than cure”.

NSS special camp

NSS special camp was conducted at Vazhappilly in ward number 41. 53 volunteers participated in the camp. A socio economic survey, house

construction, vegetable gardening, Bala Kairali etc.were the various projects of the camp. A blood donation camp in collaboration with IMA Thrissur was also a social venture of the camp. Rasya Ravindran and Novali M Joy were selected as the best camper and the best worker.



DREAM COME TRUE BY BULIDING A HOUSE -THE MAJOR PROJECT OF THE SPECIAL CAMP 2014-2015 . All the NSS Volunteers and coordinators whole- heartedly committed towards the dream project of the Special Camp to help manually and financially the house construction of a poor man , Mr. Haridas at Kolladiparambu, 41st ward of Guruvayoor Municipality. Five full days of continuous hard work enable us to complete the work including unload the building materials, shifting it to the work site and finish the work up to sunshade level with the help of a single main constructor. We extended a financial help worth of Rs/- 40000



In the afternoon session volunteers went for a **socio economic survey** at the ward no: 41 Kolladiparambu. This helps the volunteers to realize the real life of the people, and also the volunteers transfer the collected data to the respective authority for assisting the poor local people.



NSS volunteers celebrated Onam, the festival of prosperity with the inmates of old age home and **Dementia center at Kottapadi** on 1st September 2014. They spent time with the old people and performed some cultural programme there.

World Alzheimer's Day

World Alzheimer's Day was observed with a seminar followed by a memory walk to Guruvayur municipality office.



In relation with **world Alzheimer's Day, on 22nd September 2014** a seminar was conducted in the college auditorium and a memory walk was done to Guruvayoor municipality office in collaboration with "Kottappadi Dementia Center and Kunnamkulam

. **During time of vayanavaram in 24th July 2014**, NSS unit conducted a programme at CRUP SCHOOL Kottappadi .During that function, Headmistress T.J.Mercy teacher presided and Mr.Stanly Chiriyankandath(PTA President) made the inauguration.NSS Programme officer Rev.Sr.J.Bincy falicitated the function.NSS volunteers presented stories and poetries in the function and made interaction with students and taught them many stories and poetries.

World Paliative Day

As part of World Paliative Day a road show and students documentary film screening were organised by Alpha palliative care centre about the victims

of endosulfan benefiting the formation of healthy tomorrow. 30 NSS volunteers visited Thrissur mental hospital and spent a day with the inmates.



NSS Volunteers participated in a **road show in** collaboration with Alpha palliative care center conducted a for the Endosulphan victims and during their journey. They visited LF campus on 10th Oct. Principal Rev.sr.Dr.Treesa dominic, NSS PO Sr. J Bincy and students cordially welcomed them participated in the programme and they showed a student documentary film and that subjected of palliative care.

Visit and Xmas celebration at Victory Center , Guruvayoor on 23.12.2014 NSS Programme Officer and all members went to Victory Center. There we all enjoyed the Christmas and new year celebrations along with our inmates , deaf and demb girls , Volunteers contributed Stationary items and other materials, sweets , also shared their care and love to them

National Integration week was observed with a variety of progmmes. Poster and extempore speech competitions were conducted for all students. A

seminar on the topic National Integration and Social Commitment was arranged for the staff and students. The talk was delivered by Smt.Sony T.L, Assistant Professor, Govt.College Kuttanellur and also the National Award Winner of Best programme officer of NSS Unit. A meeting was arranged to honor and appreciate her for excellent performance and success.



NSS Unit 048 conducted National Integration Day Seminar -Smt. SONY T.L on 19-11-2014

Shuchithva Gramam Project

The volunteers also visited the adopted village ward 33 and cleaned the roads as part of Shuchitwa Gramam Project of Swach Bharat Abhiyaan



Republic Day

As part of Republic Day our volunteers conducted arally and participated in the programme conducted by Guruvayoor Municipality



Visited Victory Centre and Dementia Centre

The volunteers also visited Victory Centre and Dementia Centre Kottapadi as their social reach activity.



NSS Unit 048 Volunteers With Dementia Patients-santhvana Sangamam On 01-09-2014